



TEXAS TECH UNIVERSITY
 HEALTH SCIENCES CENTER™
 Office of People and Values

TTUHSC Leadership Development Program

2025 LEADERSHIP FOUNDATIONS

Program Overview: This 6-session foundational program is designed to introduce leadership theories and models to all team members who have been with TTUHSC for at least 6 months.

Program Structure: Cohort-based / 1 hr. eLearning and 2 hr. sessions via Zoom live session. There will be a limit of 25 people per cohort.

Registration: Applications are being accepted for the 2025 cohorts. More information on the registration process can be found on the [Office of People and Values](#) website.

Program Dates:

Cohort: LF2025 – 1

January 9	9:00 – 11:00 am	Session 1: Principles of Leadership
January 16	9:00 – 11:00 am	Session 2: Team Dynamics
January 23	9:00 – 11:00 am	Session 3: Leadership Communication
January 30	9:00 – 11:00 am	Session 4: Transforming Conflict into Collaboration
February 6	9:00 – 11:00 am	Session 5: Feedback Essentials
February 13	9:00 – 11:00 am	Session 6: Building Your Leadership Presence

Cohort: LF2025 – 2

April 24	9:00 – 11:00 am	Session 1: Principles of Leadership
May 1	9:00 – 11:00 am	Session 2: Team Dynamics
May 8	9:00 – 11:00 am	Session 3: Leadership Communication
May 15	9:00 – 11:00 am	Session 4: Transforming Conflict into Collaboration
May 22	9:00 – 11:00 am	Session 5: Feedback Essentials
May 29	9:00 – 11:00 am	Session 6: Building Your Leadership Presence

Cohort: LF2025 – 3

June 26	9:00 – 11:00 am	Session 1: Principles of Leadership
July 3	9:00 – 11:00 am	Session 2: Team Dynamics
July 10	9:00 – 11:00 am	Session 3: Leadership Communication
July 17	9:00 – 11:00 am	Session 4: Transforming Conflict into Collaboration
July 24	9:00 – 11:00 am	Session 5: Feedback Essentials
July 31	9:00 – 11:00 am	Session 6: Building Your Leadership Presence

Cohort: LF2025 – 4

August 21	9:00 – 11:00 am	Session 1: Principles of Leadership
August 28	9:00 – 11:00 am	Session 2: Team Dynamics
September 4	9:00 – 11:00 am	Session 3: Leadership Communication
September 11	9:00 – 11:00 am	Session 4: Transforming Conflict into Collaboration
September 18	9:00 – 11:00 am	Session 5: Feedback Essentials
September 25	9:00 – 11:00 am	Session 6: Building Your Leadership Presence

Cohort: LF2025 – 5

October 16	9:00 – 11:00 am	Session 1: Principles of Leadership
October 23	9:00 – 11:00 am	Session 2: Team Dynamics
October 30	9:00 – 11:00 am	Session 3: Leadership Communication
November 6	9:00 – 11:00 am	Session 4: Transforming Conflict into Collaboration
November 13	9:00 – 11:00 am	Session 5: Feedback Essentials
November 20	9:00 – 11:00 am	Session 6: Building Your Leadership Presence

Leadership Foundations Course Descriptions

1. Principles of Leadership – In this session, we will examine the qualities and roles of a leader, discuss leadership principles and some of the challenge’s leaders may face.

2. Team Dynamics – This session will identify three elements’ leaders must pay attention to that are important to team dynamics; trust, communication and collaboration. In addition, the five stages of team building will be outlined: Forming – Storming – Norming – Performing – Adjourning.

3. Leader Communication – This session will focus on effective workplace communication and social interactions with others who may have a different communication style than others.

4. Transforming Conflict into Collaboration – In this session, we will discover why conflict happens, common ways people react to conflict, and how to turn workplace disagreements into opportunities for constructive dialogue, change and new understanding.

5. Feedback Essentials – In this session, we will learn what feedback is, why it's valuable, and how to overcome the fear of giving it. We'll also learn to follow a step-by-step feedback process, deliver an effective message, and handle difficult reactions.

6. Building Your Leadership Presence – This session explores influence and presence and how both contribute to how you are viewed as a leader. Your influence can be recognized and included no matter your role in the organization.

