



## Feature: SON Student Research Week 2021

# Congratulations!

### 1<sup>st</sup> Place: Yvonne Castro and Lauren Shaddox

Title of Poster: Complementary Medicine Versus Epidural Analgesia for Pain Relief in Labor

### 2<sup>nd</sup> Place: Shelby Mott BSN, RN

Title of Poster: Helmets: Their Efficacy in Contact Sports

### 3<sup>rd</sup> Place: Jennifer Reed RN, BSN; Julie Martinez RN, BSN; & RaeAnna Judd RN, BSN

Title of Poster: Beyond Skin: Organ Dysfunction in DRESS Syndrome

And, a special Thank You to all judges who participated: Dr. Cathy Lovett, Dr. Susan Calloway, Dr. Kellie Bruce, and Dr. Yondell Masten.

### 1<sup>st</sup> Place Winners:

### 2<sup>nd</sup> Place Winner:

### 3<sup>rd</sup> Place Winners:



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## 2021 Texas Undergraduate Research Day at the Capital



Congratulations to Corinne Berg, Dr. Susan Calloway, and Cara S. Young. Corinne was invited to showcase her poster during this virtual event, held on February 23-24, 2021. The purpose of this event is to showcase the experiences of undergraduate students engaged in research for Texas legislators and the public through high-quality poster presentations. The program highlighted how research conducted by undergraduate students positively impacts Texas -- and Texans -- with the theme: Transforming Texas Through Undergraduate Research.

### **Research Abstract:**

Texas Tech University Health Sciences Center  
SELF-MANAGEMENT PRACTICES OF UNIVERSITY STUDENTS WITH A MENTAL  
HEALTH DISORDER; A NOVICE RESEARCH ASSISTANT PERSPECTIVE  
Corinne Berg  
Faculty Advisors: Susan Calloway, Cara Young

This exploratory descriptive study is designed to address the research gap related to the transition of college students with a diagnosed mental health disorder to college life and their self-management practices.

Aims: 1. Explore participant experiences with self-management practices before and after entering the university; 2. Identify barriers and facilitators to self-management in the university setting; 3. Examine correlations between transition readiness and self-efficacy, anxiety, depression, perceived stress and loneliness.

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## Spring 2021 Journal Publications, Presentations, Honors, & Awards

### **Journal Publications:**

- Andersen, S., Mintz-Binder, R., Sweatt, L., & Song, H. (2021). Building nurse resilience in the workplace. *Applied Nursing Research*, 59, Article 151433. <https://doi.org/10.1016/j.apnr.2021.151433>
- Ashcraft, A., Andersen, S., Rogge, M., Song, H., & Opton, L. (2021). Academic tenure: Perceptual variations among tenured, tenure-seeking and non-tenure faculty. *Journal of Professional Nursing*, 37(3), 578-587. <https://doi.org/10.1016/j.profnurs.2021.03.002>
- Batcheller, J. (2021). An interview with Dr. Sue Hassmiller. *Nursing Administration Quarterly*, 45(1), 13-17. <https://doi.org/10.1097/NAQ.0000000000000454>
- Boswell, C. A., Mintz-Binder, R. D., Batcheller, J., Allen, P., & Baker, K. A. (2021). Capturing the impact of the doctor of nursing practice degree on west Texas health care. *The Journal of Continuing Education in Nursing*, 52(4), 192-197. <https://doi.org/10.3928/00220124-20210315-08>
- Boswell, C. A., & Powers, R. (2020). Promoting an evidence-based practice environment through mentoring. *The Chronicle of Mentoring and Coaching*, 1(13), 320-322.

- Boswell, C. A., & Sanchez, L. (2020). Assessing stressors for interns: Using the Casey-Fink Graduate Nurse Experience survey. *Journal of Continuing Education in Nursing, 51*(11), 516-521. <https://doi.org/10.3928/00220124-20201014-08>
- Bruce, K., Hilliard, T. C., Esquibel, K. A., Mello, I., & Moore, A. (2021). Hypertension across the lifespan: Adults. *Nursing Made Incredibly Easy, 19*(3), 28-35. <https://doi.org/10.1097/01.NME.0000741812.42477.88>
- Campbell, L. A., LaFreniere, J. R., Almekdash, M. H., Perlmutter, D. D., Song, H., Kelly, P. J., & Shannon, K. L. (2021). Assessing civility at an academic health science center: Implications for employee satisfaction and well-being. *PLOS ONE, 16*(2), Article e0247715. <https://doi.org/10.1371/journal.pone.0247715>
- Collins, J. L., Thomas, L., Song, H., Ashcraft, A., & Edwards, C. (2020). Interpersonal violence: What undergraduate nursing students know. *Issues in Mental Health Nursing*. Advance online publication. <https://doi.org/10.1080/01612840.2020.1836539>
- Esquibel, K., Moore, A., Hilliard, T., Bruce, K., & Mello, I. (2021). Hypertension across the lifespan: Pediatrics. *Nursing Made Incredibly Easy, 19*(2), 28-34. <https://doi.org/10.1097/01.NME.0000731976.81322.47>
- Gonzales, M., & Boswell, C. A. (2020). Accepting the challenge and leadership for rural nurses. *Nurse Leader, 19*(1), 53-56. <https://doi.org/10.1016/j.mnl.2020.03.018>
- Guenther, J., Branham, S., Calloway, S., Hilliard, W., Jimenez, R. & Merrill, E. (2020). Five steps to integrating telehealth into APRN curricula. *The Journal for Nurse Practitioners, 17*(3), 322-325. <https://doi.org/10.1016/j.nurpra.2020.12.004>
- Jones, M. M., Chapman, K., Lacy, D., Schnetter, V., & Cannon, S. (2020). ADN to BSN transitioning: An early decision model. *Nursing Education Perspectives, 41*(5), E28-E30. <https://doi.org/10.1097/01.NEP.0000000000000512>
- Jones, M. M., Kearney, K., & Edwards, C. (2020). Seeking PPE protection: Is the law on your side? *Nursing Made Incredibly Easy, 18*(6), 15-18. <https://doi.org/10.1097/01.NME.0000717676.72485.a2>
- Jones, M. M., Kearney, K., & Edwards, C. (2021, January 5). Practice tip of the week: The law on PPE. *Texas Nurses Association*. <https://www.texasnurses.org/news/news.asp?id=546078>
- Mintz-Binder, R. D., Andersen, S. A., Sweatt, L., & Song, H. (2021). Exploring strategies to build resiliency in nurses during work hours. *The Journal of Nursing Administration, 51*(4), 185-191. <https://doi.org/10.1097/NNA.0000000000000996>
- Moore, A., & Thal, W. (2021). Traits of the resilient nurse. *Nursing Made Incredibly Easy, 19*(2), 21-26. <https://doi.org/10.1097/01.NME.0000731996.41293.b7>
- Nelson-Brantley, H. V., Bailey, K. D., Batcheller, J., Caramanica, L., Cherry, B., Snow, F., Warshawsky, N. (2021). Nurses taking the lead: A look back to move forward. *The Journal of Nursing Administration, 51*(3), 120-122. <https://doi.org/10.1097/NNA.0000000000000980>
- Owen, D., Ashcraft, A., Johnson, B. K., & Song, H. (2020). Assessment of a potential UTI-using videos to analyze a simulated nursing home experience. *Innovation in Aging, 4*(Supplement\_1, 2020), 380. <https://doi.org/10.1093/geroni/igaa057.1224>
- Rogge, M. M., & Gautam, B. (2020). COVID-19: Epidemiology and clinical practice implications. *The Nurse Practitioner, 45*(12), 26-34. <https://doi.org/10.1097/01.NPR.0000722312.25644.b9>

Saunders, J., Sridaromont, K., & Gallegos, B. (2021). Steps to establish a healthy work environment in an academic nursing setting. *Nurse Educator*, 46(1), 2-4.  
<https://doi.org/10.1097/NNE.0000000000000829>

Sikes, D., Patterson, B. J., Chargualaf, K. A., Elliott, B., Song, H., Boyd, J., & Armstrong, M. L. (2021). Predictors of student veterans' progression and graduation in veteran to bachelor of science in nursing (VBSN) programs: A multisite study. *Journal of Professional Nursing*, 37(3), 632-639.  
<https://doi.org/10.1016/j.profnurs.2021.03.008>

Spurlock, D., Banks, J., Christensen, L., Johnson, B. K., Randolph, P., Rogers, M., & Patterson, B. (2020). The fair testing imperative in nursing education: A living document from the National League for Nursing. *The National League for Nursing Presidential Task Force on High-Stakes Testing*, <http://www.nln.org/docs/default-source/advocacy-public-policy/nln-fair-testing-vision-series.pdf?sfvrsn=2>

Yoes, M. V., & Thomas, L. (2020). Hereditary cancer genetic risk assessment, testing, and counseling: A nurse practitioner-led program in a community setting. *The Journal for Nurse Practitioners*, 16(9), 660-665. <https://doi.org/10.1016/j.nurpra.2020.07.006>

Zolnierek, C., Watson, J. J., & Ruiz, D. (2021). Texas team action coalition advancing health through nursing: Past, present, and future. *Nursing Administration Quarterly*, 45(1), 35-45.  
<https://doi.org/10.1097/NAQ.0000000000000451>

### **Books:**

Yoder-Wise, P. S., Kowalski, K., & Sportsman, S. (2021). *The leadership trajectory: Developing legacy leaders-ship*. Elsevier.

### **Podium and Poster Presentations:**

Ashcraft, A. (2021, April 13). *Academic tenure: Perceptual variations among tenured, tenure-seeking and non tenure faculty* [Virtual conference]. 2021 Nurse Educator Conference in the Rockies.

Bearden, T., Calloway, S. J., Dickens, J., & Hoelscher, S. (2021, March 4-5). *Telehealth policies, regulations and emergency waivers* [Virtual symposium]. Texas Tech University School of Nursing Annual Advanced Practice Registered Nurse Conference.

Berg, C., Calloway, S. J., & Young, C. S. (2021, March 9-12). *Self-management practices of university students with a mental health disorder; a novice research assistant perspective* [Virtual poster presentation]. 2021 Texas Tech University Health Sciences Center Annual Student Research Week.

Boswell, C. A., & Powers, R. L. (2020, October 21). *Promoting an evidence-based practice environment through mentoring* [Virtual conference]. 13th Annual Mentoring Conference: High-Quality Connections: Developmental Networks - Science & Practice.

Boswell, C. A., Allen, P. E., Mintz-Binder, R., & Batcheller, J. (2020, November 13). *Portraying the influence of the doctor of nursing practice on west Texas healthcare* [Virtual conference]. 2020 Association for Leadership Science in Nursing Virtual International Conference.

Calloway, S. J., & Merrill, E. (2021, April 21-24). *Mock TeleECHO © Clinics as a force multiplier in nurse practitioner education* [Virtual conference]. National Organization of Nurse Practitioner Faculties Annual Conference.

- Calloway, S. J. (2021, March 4-5). *Help for the healer: Practical skills for promoting resilience* [Virtual conference]. Texas Tech University School of Nursing Annual Advanced Practice Registered Nurse Conference.
- Calloway, S. J. (2020, November 5-7). *The telehealth tsunami and implications for NP education* [Virtual conference]. National Organization of Nurse Practitioner Faculties Special Topics Conference.
- Collins, J., & Thomas, L. J. (2021, February 25). *Freedom Wheels: A community-based approach to addressing the social determinants of health for foster care youth* [Virtual conference]. 2021 Southern Nursing Research Society Annual Conference.
- Collins, J., Ponder, A., & Argue, E. (2021, May 17-19). *Driver license acquisition in Texas: A needs assessment* [Virtual conference]. Texas Public Health Association Virtual Annual Education Conference.
- Mintz-Binder, R. D., Andersen, S. A., & Sweatt, L. (2021, February 18-20). *Reducing nurse stress and building resilience for a healthier work environment* [Virtual conference]. 2021 Sigma Theta Tau International Healthy Work Environment Conference.
- Moore, A., McKee, C., Opton, L., & Queen, C. (2021, March 14). *Improving health outcomes in Jamaica: Development of virtual train-the-trainer program* [Virtual conference]. 2021 Consortium of Universities for Global Health.
- Sikes, D., Chapman, A. K., & Chen, C. (2020, October 12). *From prospect to honors-the path to promoting military and veteran students success* [Symposium]. 12th Annual Texas Veterans Higher Education Symposium, Texas A&M University System, Corpus Christi, TX, United States.

### Podcasts:

- Mintz-Binder, R. D. (Interviewee). (2021, March 24). *Depression and suicide among nursing students* [Audio podcast]. Nurse Educator Tips for Teaching. <https://nurseeducatorpodcast.libsyn.com/depression-and-suicide-among-nursing-students>
- Saunders, J. (Host). (2021, February 19). *Establishing a healthy work environment in an academic nursing setting* [Audio podcast]. Nurse Educator Tips for Teaching. <https://nurseeducatorpodcast.libsyn.com/establishing-a-healthy-work-environment-in-an-academic-nursing-setting>

### Honors/Awards:

- Calloway, S. (2021). Chancellor's Excellence Award in Teaching. *Texas Tech University System*.
- Campbell, L. A. (2021). President's Excellence Award in Community Engagement. *Texas Tech University Health Sciences Center*.
- Kiper, V. (2020). Excellence in Leadership Award. *Texas Organization for Nursing Leadership*.

### Grants Received:

- Booth, D., Boswell, C. A., Gonzales, M., Powers, R., & Thomas, J. (2020–2021). *A rural nurse leadership initiative: Advancing care excellence in the rural setting* [Grant]. The Foundation of the National Student Nurses Association, Inc., \$20,639.88.
- Boswell, C. A., Mintz, R., Allen, P. E., & Batcheller, J. (2021–2022). *The impact of the doctor of nursing practice on the health care of Texas* [Grant]. Texas Team in partnership with The Foundation of the National Student Nurses Association, Inc., \$7,260.00.

Calloway, S., & Young, C. (2020). *Self-management practices among university students with a mental health disorder* [Grant]. Texas Tech University Health Sciences Center Bridge Grant & Hill Country Psychiatric Associates, \$9,174.00.

Collins, J. (2021). *Freedom Wheels: Helping young adults get a driver's license* [Grant]. Texas Tech University Health Sciences Center School of Nursing Seed Grant, \$11,610.00.

Johnson, B. K. (2020). *Exploring the application of the knowledge assessment scale and knowledge application scale with screen based simulation (vSIM) and debriefing* [Grant]. International Nursing Association for Clinical Simulation and Learning Debra Spunt Research Grant, \$1,000.00.

Moore, A. M., Bailey, E., Jumper, C. A., McKee, C., Opton, L., Stein, C., Zimmerman, R., Lee, M., Parks, K., Queen, C. M., & Winkelman, L. (2021). *TTUHSC Train-the Trainer Health Courses*. [Grant]. Texas Tech University Health Sciences Center Office of Global Health, \$10,000.00.



## Celebrations!



### Recent Grant Submissions

- ❖ Ashcraft and Owen —Submitted abstract to The National League for Nursing
- ❖ Masten and Sridaromont —Submitted to The CH Foundation
- ❖ McBride and Thomas —Submitted to The National League for Nursing

### Who's Working on What?


The best way to conduct research is as a member of a team. Contact one of the teams below if you share the same interests. If your team isn't listed, please contact Heather Russell.

- ❖ Ashcraft and Owen (Long Term Care)— AHRQ R21/R33 Grant and Carillon Grant for Workflow Study
- ❖ Ashcraft, Andersen, Opton, and Owen (Lessons Learned)
- ❖ Collins (Underserved Adolescents and Young Adults)
- ❖ Masten and Sridaromont (Parent Child App)—The Gerber Foundation
- ❖ Owen and Esperat (Critical Consciousness)
- ❖ Rogge and Gautam (Obesity)
- ❖ Sun, Shen, St. John, Punyanunt (CAM)


## Reminders:

### TTUHSC Writing Center


The TTUHSC Writing Center is a free resource available to faculty, staff, or students. For Questions, visit their website: <https://app4.ttuhs.edu/WritingCenter> or Email: [writing.center@ttuhsc.edu](mailto:writing.center@ttuhsc.edu)



**Open Monday to Friday  
9 am to 5 pm**



<https://app4.ttuhs.edu/WritingCenter>



[Writing.Center@ttuhsc.edu](mailto:Writing.Center@ttuhsc.edu)

#### ADVANTAGES FOR YOU

- Access and convenience. You can submit your writing through your computer.
- Our tutors are writing experts, trained in rhetoric and composition studies.
- Free! As long as you are a faculty, staff, or student at TTUHSC you can use our services.
- We are experts on every kind of writing including:
  - Assignments for any course at TTUHSC
  - Research papers
  - Theses, dissertations, and book projects
  - Professional documents such as c.v., resumes, cover letters, personal statements for residences, poster presentations

#### WHAT WE DON'T DO

- We focus on higher-order concerns in writing such as central argument or thesis, flow, logic, organization, etc.
- We are not editors or proofreaders, meaning we do not "check" or "fix" grammar errors
- We do not "check" citations or documentation/formatting since these are not quality-of-writing concerns

## Upcoming Meetings

### Monthly Research Faculty Collaborative Meetings – Schedule and New Virtual Format

Meetings are the 2<sup>nd</sup> Tuesday of each month unless otherwise noted.

#### 2021:

Tuesday, May 11, 2021 – Cancelled

Tuesday, June 8, 2021 – 11:00a – 12:00p

Tuesday, July 13, 2021 – 11:00a – 12:00p

Tuesday, August 10, 2021 – 11:00a – 12:00p

**\*\*All meetings are available by Zoom at the following link:**

<https://ttuhscson.zoom.us/my/drjencollinsttuhs>

If calling by phone only:

phone number: 669-900-6833

Meeting ID: 402 696 1431

## Academic Writing Studio

**Please join us every Tuesday\* (11-1pm) and Thursday (1-3pm)**

### What is the Academic Writing Studio?

- 2-hour refuge to focus on scholarship, teaching responsibilities or any goal you wish to achieve
- Working “together” (at the same time) on anything! (e.g., manuscript, grant, project, grading)
- Online, facilitated sessions that provide inspiration and peer support
- Voluntary facilitated online sessions at:  
<https://ttuhscson.zoom.us/my/drjencollinsttuhsoc> We welcome you for any or all of the 2-hour timeframe!

### Format:

- 10-minute opening: supportive opening message; optional opportunity to declare goals verbally (or in chat)
- 45-minute session: work session 1 (audio/video muted)
- 10-minute break: reflection; optional opportunity to share programs and declare goals for Session 2 verbally (or in chat)
- 45-minute session: work session 2 (audio/video muted)
- 10-minute closing: reflection; optional opportunity to share progress

### Benefits:

- Move your scholarship forward
- Publish more articles
- Submit more grants
- Complete your grading
- Enjoy faculty role satisfaction
- Experience synergy
- Get and give support

### Questions?

Jen Collins, PhD, RN [Jen.Collins@ttuhsc.edu](mailto:Jen.Collins@ttuhsc.edu)

Jeannette T. Crenshaw, DNP, RN, FAAN [Jeannette.Crenshaw@ttuhsc.edu](mailto:Jeannette.Crenshaw@ttuhsc.edu)

\*2<sup>nd</sup> Tuesday of the month starts at 11:30 following Research Faculty Collaborative



## Trainings:

### HRSA Healthy Grants Workshop Series

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#### HRSA Healthy Grants Workshop registration begins March 25

We are excited to announce that registration for the 2021 Healthy Grants Workshop – Presented as a Web Series, begins March 25, 2021. [Register now](#) for up to eight sessions. There is no cost to attend and you can attend as many sessions as you would like.

The first session begins in May, followed by a new session every two weeks through August 24. Each session includes two to three topics, from grants policies, financial monitoring, and grant budgeting, to Prior Approvals, an Electronic Handbooks overview, and more.

[A full schedule is available](#), and more details will be added to the [Manage Your Grants Workshop Web page](#).

#### What's in it for you?

The 2021 Healthy Grants Workshop offers multiple presentations that will help you successfully manage your HRSA award. In addition to Office of Federal Assistance Management presentations, this year's workshop will feature presentations by the HHS Assistant Secretary for Financial Resources and the Office of the Inspector General, as well as HRSA bureaus and offices, including the Office of Civil Rights, Diversity, and Inclusion, and the

Office of Information Technology, among others. All HRSA award recipients are encouraged to attend the workshop.

### Additional Information

For more information, contact the [Healthy Grants Workshop team](#).

## Texas Department of State Health Services Library – Essentials of Grant Writing

The Funding Information Center at the Texas Department of State Health Services Library held a webinar on April 6, 2021 titled “Essentials of Grant Writing”. If you would like to watch the recorded version, visit this link: <https://attendee.gotowebinar.com/recording/8222447433806961155> To view the powerpoint and handouts, they are on Box: or you may email Heather Russell for a copy. This workshop provided an overview of the grant writing process including: identifying funding, developing a project plan, budget, needs statement, goals, objectives, and evaluation plan. Topics included the process of grant writing from reading the RFP to submitting the proposal as well as helpful tips on grantmaking from the funder’s perspective.

