



#TTUHSCp3

## P3-1C Week: March 20-24, 2023 Schedule

MS1 students must attend the following:

Mandatory (Attend <b>All</b> )	Selectives (Attend <b>Six</b> )	Keynotes (Attend <b>One</b> )
<b>Not</b> shaded below IPE with SOP—Mon PM Zoom Honors Project Poster Presentations	Sessions shaded in <b>blue</b> below; you may attend <b>one limited attendance</b> session Optional activities that do not offer credit are shaded in <b>green</b>	Sessions shaded in <b>orange</b> below. Noon sessions on Monday, Tuesday, Wednesday & Thursday. You may attend more keynote presentations for Selective credit.

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Time	Location	Faculty /Topic	Session Info
<b>Monday, March 20</b>			
9:00-10:00 AM	Sim Center	<b>Sparsh Ray, MS4</b> MSK/Neuro Exam <i>Limit: 20 Sign up on Sakai</i>	Exam Skills session
10:00-11:00 AM	Sim Center	<b>Sparsh Ray, MS4</b> MSK/Neuro Exam <i>Limit: 20 Sign up on Sakai</i>	Exam Skills session
10:00-11:00 AM	<b>Main Zoom Room</b>	<b>Drs. Sarah Kiani, Lara Johnson, Ebtessam Islam, Betsy Jones &amp; Ms. Jasmine Knorr</b> Making Meetings Count	If you're heading to professional meetings, you'll need tips on how to network and how to handle HSC-sponsored travel
11:00-12:00 AM	<b>Main Zoom Room</b>	<b>Dr. Betsy Jones</b> , The Physician as Photographer	We'll talk about noted doctor-photographers & share our own pictures.
12:00-1:00 PM	<b>Main Zoom Room</b>	<b>Drs. Naima Moustaid-Moussa and Mahsa Yavari</b> , An Overview of Obesity & Associated Diseases, and Why Doctors Need to Know About It	Keynote: Medical curricula often give insufficient attention to obesity; this session will address its importance as well as current research
1:00-4:30 PM	IPE Activity with P1 Students from the School of Pharmacy—Communication, Team STEPPS <a href="https://ttuhsc.zoom.us/j/96986295537">https://ttuhsc.zoom.us/j/96986295537</a> <i>^^^ Note Zoom Address</i> Full Schedule posted on Sakai		<b>Mandatory Session for all MS1 students— See Pages 6-8 of full schedule for Zoom Breakout Room Assignments (your P3 small groups + SOP students); See Sakai for more information</b>
<b>Tuesday, March 21</b>			
9:00-10:00 AM	UC Sim Ctr Procedure Room	<b>Rodan Devega MS4 &amp; Marcus Gonzalez MS4</b> , ACLS Protocol <i>Limit: 10 Sign up on Sakai</i>	Hands-on practice with Advanced Cardiovascular Life Support protocol skills
10:00-11:00 AM	UC Sim Ctr Procedure Room	<b>Rodan Devega MS4 &amp; Marcus Gonzalez MS4</b> , ACLS Protocol <i>Limit: 10 Sign up on Sakai</i>	Hands-on practice with Advanced Cardiovascular Life Support protocol skills
9:00-10:00 AM	2D101	<b>Kendall Burns DO</b> , A Primer on the Proper Use of Medical Interpreters	Dr. Burns is a Pediatric Hospitalist Fellow
10:00-11:00 AM	2D101	<b>Simon Williams PhD</b> , American Eugenics: The History of a Troubling Idea?	This session is part of the P3 DEI thread
11:00 AM-Noon	2D101	<b>Patti Patterson MD</b> , Global Health	This session is part of the P3 DEI thread

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<b>Tuesday, March 21</b>			
12:00-1:00 PM	2D101	<b>Richard Jordan MD &amp; Ebtesam Islam MD</b> , Let's talk about Resiliency: A conversation with Dr. Jordan & Team <b>Lunch available to the first 75 people</b>	<b>Keynote Session</b> Dr. Jordan is Regional Dean of the SOM Amarillo campus; he is keenly interested in medical student wellness
12:00/ 1:00/ 2:00 /3:00 PM; Details on Sakai	Academic Events Center	<b>Dr. Erwin &amp; Humanities Certificate Program Oral Presentations</b> MS4 students from the certificate program will present on their thesis projects	Each 1-hour session will include six MS4 presentations. MS1 students may attend any of the sessions, and you may receive P3-1C week credit for up to 2 sessions.
1:00-2:30 PM	UC Sim Ctr Procedure Room	<b>Huan Vu MD</b> , Overview of wound closure & suturing <b>Limit: 20 Sign up on Sakai</b>	Dr. Vu is a faculty member in the Departments of Surgery & DOME Sign up on Sakai
1:00-2:00 PM	2D101	<b>Charla Allen MD</b> Telling a SICK story: Giving oral presentations like a boss	It's time to develop your oral presentation skills; Dr. Allen gives pro-tips
2:00-3:00 PM	2D101	<b>Ron Cook DO</b> , One Health	What do human medicine and veterinary medicine have in common? Let's talk One Health
3:00-4:00 PM	HSC 2B485	<b>Dr. Betsy Jones &amp; Kale Bates</b> , Getting Started in FMAT	Restricted to the FMAT Class of 2025
7:00-8:00 PM	Main Zoom Room	<b>The Medical Marriage, a Panel &amp; a Discussion</b>	You and your significant other are invited to join this zoom-based conversation with couples who are navigating The Medical Marriage: Learn from the Pros.
<b>Wednesday, March 22</b>			
9:00-10:00 AM	Zoom Link >>>	<b>TMA/AMA Residency Fair</b> <a href="https://ttuhsc.zoom.us/j/96661980791">https://ttuhsc.zoom.us/j/96661980791</a>	You may receive P3 credit for 1 of the 2 available hours for this session
10:00-11:00 AM	Zoom Link >>>	<b>TMA/AMA Residency Fair</b> <a href="https://ttuhsc.zoom.us/j/96661980791">https://ttuhsc.zoom.us/j/96661980791</a>	You may receive P3 credit for 1 of the 2 available hours for this session
9:00-10:00 AM	SimLife Center	<b>Dr. Gurvinder Kaur et al., Whitney Brantley MS4</b> , Ultrasound basic techniques and pro-tips <b>Limit 12: Sign up on Sakai</b>	Practice FAST exam, gallbladder, lung sliding, and/or vascular scans

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<b>Wednesday, March 22</b>			
10:00-11:00 AM	2D101	<b>Betsy Jones, EdD</b> , We Need to Talk about Climate Change and Health	Heat, extreme weather, bad water, rising tides, vector-borne disease, pandemics, and other things to look forward to
11:00 AM-Noon	2D101	<b>Oncology Interest Group</b> , Cancer Treatment & Cardiotoxicity Case Study	Brought to you by the OIG Leadership Team
12:00-1:00 PM	2D101	<b>Dean Steven Berk, MD</b> , <i>In Search of the Animalcule</i> Lunch available to the first 75 people	<b>Keynote Session</b> You might have heard: Dr. Berk has a new book out; Books will be available to the first 75 people
1:00-2:00 PM	UC Sim Ctr Procedure Room	<b>Kalli Workman &amp; UMC Staff</b> Stop the Bleed Training Limit 25: Sign up on Sakai	The American College of Surgeons STOP THE BLEED® program has prepared over 2.4 million people worldwide on how to stop bleeding in a severely injured person. You can be one more!
1:00-2:00 PM	2D101	<b>Stephanie Stroeve, PhD</b> Nuts and bolts: construction of research study plan	Bring your ideas for MSSRP and other research projects, and let's workshop project development and planning
2:00-3:00 PM	2D101	<b>Keith Trent</b> , Financial Management for Medical Students	Back by popular demand. Is it too early to start worrying about debt, savings & investments? No. Start here.
3:00-4:00 PM	2D101	<b>Cole Birmingham MS3</b> , LGBTQ+ Patient Interactions and Why Words Matter	TBD move to Wed at 3?
<b>Thursday, March 23</b>			
9:00-10:00 AM	ACB 120	<b>Dan Stuart PhD MLS</b> , Library Databases and Comprehensive Research Methods	Tips on search methods for literature reviews from a medical librarian
9:00-10:00 AM	Sim Center	<b>Armand Northcut MS4 &amp; Riya Koshy MS4</b> , Airway/ Intubation/ Ultrasound Limit: 10: Sign up on Sakai	Wear scrubs or other comfortable clothes
<b>Thursday, March 23</b>			

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Time	Location	Faculty /Topic	Session Info
10:00-11:00 AM	Sim Center	<b>Armand Northcut MS4 &amp; Riya Koshiy MS4</b> , Airway/ Intubation/ Ultrasound <i>Limit: 10: Sign up on Sakai</i>	Wear scrubs or other comfortable clothes
10:00-11:00 AM	5D110	<b>Chip Shaw EdD</b> , Data Visualization Workshop	Bring your laptop to practice cool techniques for population health mapping
10:30 AM-12:00 PM	UC Sim Ctr Procedure Room	<b>Huan Vu MD</b> , Overview of wound closure & suturing <i>Limit: 20: Sign up on Sakai</i>	Dr. Vu is a faculty member in the Departments of Surgery & DOME Sign up on Sakai
11:30-12:50 PM	ACB 150	<b>Matthew Watto MD</b> Adventures in Podcasting: How Digital Scholarship Can Turbo Charge Your Career <i>Lunch available to the first 150 people</i>	<b>Keynote Session</b> Dr. Watto is one of the founders and leaders of the influential Curbsiders Series
1:00-2:00 PM			
2:00-3:00 PM	5D110	<b>Brent Magers, MHA, MA</b> , Basics of the USA Health Care Delivery System	Health Systems Science 101
1:30-3:00 PM	Sim Center	<b>Cheryl Haston MD &amp; FM Residents</b> , Primary Care Women’s Health: Nexplanon, IUD Insertion & Paps <i>Limit: 20 Sign up on Sakai</i>	Practice women’s health procedures common in outpatient primary care
1:00-3:00 PM	Sim Life	<b>Jennifer Mitchell MD &amp; Sports Med Fellows</b> Casting Workshop <i>Limit: 16 Sign up on Sakai</i>	Sign up on Sakai
3:00-4:00 PM	5D110	Open session with Dr. Matthew Watto of The Curbsiders & other podcasts	Bring your questions about podcasting & digital scholarship
<b>Friday, March 24</b>			
8:45-10:15 AM	2D101	<b>Honors Project Poster Presentations</b> See pages 8-10 of full schedule for Table Assignments in 2D101	<b>Mandatory Session for students participating in an Honors Project</b>
10:15 AM-Noon	UC Sim Ctr Procedure Room	<b>Dr. David Edwards, and others</b> Wilderness Medicine <i>Limit 20: Sign up on Sakai</i>	How to save a life in the bush & outback! Sign up on Sakai
<b>Friday, March 24</b>			

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<b>12:00 Noon</b>	Academic Events Center	<b>Todd Phillips</b> , Buessler Lecture Series, Lunch Included RSVP by March 22 at <a href="#">this link</a> >>	Mr. Phillips is Chief Financial Officer, Federation of State Medical Boards <a href="https://rr0cer0rcba0ttu.wufoo.com/forms/z114tikb0mvvv60/">https://rr0cer0rcba0ttu.wufoo.com/forms/z114tikb0mvvv60/</a>
<b>8:30 AM-1:00</b>	Windmill Museum	<b>Disaster Day Mass Casualty Simulation</b> Register by March 17 at <a href="https://app4.ttuhsc.edu/InterprofessionalEvents/">https://app4.ttuhsc.edu/InterprofessionalEvents/</a>	This interferes with the Honors Project presentations. You will have to go late if you wish to do both.

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**Assignments for the P3-1 Honors Project Poster Session on Friday, March 24 from 8:45 to 10:30 AM in 2D101; Group # corresponds to Table # in 2D101**

Table & Group #	Project Title	All Members
1	Effect of Caffeine Consumption and Sleep Habits on Medical School Performance	Jack Allen, Nathaniel Kimball, George Wiest, Alexander Dorius, Connor Larson, Colton Shepard, Luke Brockbank
2	Exploring the Dietary Habits of Undergraduate, GMES, and Medical Students During Exam Periods	Jennifer Adjei-Mosi, Jacob Evans, Benjamin Greif, Kylan Kuslak, Kaylen Meers
3	Development of a podcast series to increase medical students' coping skills in anatomy	Eloise D'Haiti, Erin Millican
4	Evaluating First and Second Year Medical Student's Stress of Working in Free Clinic Settings in Relation to Training Opportunities	William (Bill) Chen, Paul Lie, Sophie Talbot, Alex Heo, Vive Tran, Colby Gordon
5	How do relationships affect students enrolled in medical school?	Nicholas Wagner, Chase Van Riper, Rachel McLelland
6	Does diet affect mental health and exam performance?	Jaina Eckert, Colton McNabb, Varshini Suresh, Delaney Jenschke, Caroline Campbell, Ben Mitchell
7	Longitudinal Review: The influence of socioeconomic status, parental profession, and accompanying opportunities is medical student population	Travis Kastner, Bradley Kent, Lamia Zuberi, Mosffa Ullah, Maryam Niazi
8	Coping Mechanisms of Medical Students with Adverse Childhood Experiences	Haley Lewsey, Angelica Nibo, Gabrielle Plata, David McDaniel, Neeti Swami
9	Medical school student attitudes towards the pass/fail curriculum and effects on anxiety, study habits, STEP prep, and extra curriculars.	Rohan Pendse, Coltyn Wagnon, Vishal Bandaru, Caitlin Lowry
10	Medical Students' Knowledge & Attitudes About LGBTQ+ Issues in the SOM Culture and Curriculum	Emily Mitchell, Barrett Meeks, Tanuj Mahendru, Jacqui Oropeza, Michelle Nguyen

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11	Influence of sleep and exercise on the relative levels of stress and anxiety amongst students at TTUHSC	Luke Whelchel, Brevin Thompson
12	Family Medicine Residents' experiences with sleep and stress	Geuel Simiyu, Destiny Ugwa
13	Physical Activity Level in Medical Students and Perceived Stress Level and Correlation to Test Performance	Adithi Govindan, Monica Hintz, Rushil Balkundi, and Cooper Deupree
14	Medical Student Fitness Education Initiative	Hasan Tinwala, Ross Raedeke, Abdallah Yazadi, Ali Alhaque, Ali Rizvi
15	ESL Translation Training Benefits in Preventative Medical Care	Vy Do, Avery Garcia, Föster Ogu, Alexandria Rivas
16	Preparing Future Providers for the Impact of Climate Change on Public Health	Emily Rook, Ashlyn Anderson, Erika Orlov
17	Examining Attitude and Behavioral Changes after the Passing of Texas Abortion Laws	Caroline Finney, Avantika Mallik, Delaney Sauers, Tristin Chaudhury, Hannah Chaudhury, and Amber Nanni
18	Relationship Between Personal Health Monitoring Technologies and Perception of Self-esteem in Regard to Personal Health Among Health Professionals	Hayden Mathews, Robert Madden, Charles Zhu
19	Perception vs Reality: Effects of Ethnic Background and Acculturation Levels in Disease Risk Factors Among TTUHSC Members?	Ángel Tovar Yanez, Benjamin Lasota, Jackson Driskill
20	The Grass is Always Greener: Examining Mental Health Issues of Residents in Different Specialties	Caitlyn Matejka, Ferris Zeitouni, Riley Fortner, Jake Wilemon, John Wolpert, Matthew Boomer
21	Burnout & Regret in Residents	Kyler Paschall, Zoya Waheed, Christian Gutierrez, Muneeza Sheikh

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22	Healthcare Professionals' Coping Mechanisms for Working with Death, Dying, and Those in Pain	Kyle Mangum, Shraddha Trehan, Krystal Morton, Marlen Hernandez, Alyson Willis
23	Vaping Prevalence	Frank Frankovsky III, Kyle Schnell, Caitie Chapman, Zach Salter
24	Post-Transplantation Success and Recovery Rates in Kidney Patients from Rural vs. Urban Communities	Muhammed Aaqil Shariff, Ali Haggaz, Isaiah George, Cristian Hernandez, Ezra Smith, William Derrick
26	Prevalence of Diabetic Complications in West Texas Adults	Suyash Jain, Rebecca Joseph, Larson Walker, Shruti Patel, Elise Bolin, Matthew Mahek
27	Educating the patients of Lubbock of the health risks associated with aspartame in diet soda consumption.	Seena Firouzbakht, Nicholas Hancock, Subash Swarna, Cade Crump
28	Assessing the Impact of the Betty Ford Center Experience on Medical Students' Personal and Professional Decisions	Maxwell Lidstone, Joey Holzer, Paige Livingston Lopez, Taylor Sanders, Alistair Disraeli, Pranathi Bingi
29	Perceptions of STD's Among Lubbock Natives and The Cause of Their High Levels	Ricardo Isaiah Garcia, Andres Rios, Or Belkin, Colby Wood, Junior Clark, Cameron Studzinski
30	Pediatric Ophthalmology Access in Lubbock County	Kaitland Dunham, Megan Murchison
31	Sexual Violence Prevention: Training Rural Church Leaders	Sean Daly, Sarah Neal Horne, Grace McCrea, Jyntre Millsap, Grant Tekell, Andrew Wagner
32	Assessing and Improving College Women's Knowledge and Attitudes about Women's Health	Katherine Lakey, Grace Purcell, Elliotte Cannon, Gabriella Lamanteer, Caroline Presson, and Caitlin Tayag
33	HealthiHER: Understanding the Impact of Healthcare Access on the Prevalence of Sexually Transmitted Infections in Young Women	Merry Mathew, Shreya Balamurali, Sachi Khemka
34	Anki and Perceived Levels of Stress	Gayatri Aaluri, Astha Khiani, Saahithi Kolli

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35	Prevalence of HPV Vaccination Among College-Aged Females	Kelsey Brock, Rachel DeGroot, Camille Gavin, Megan McKelvain, Jaylyn Robinson
36	Assessing College-Aged Women's Understanding of Partner Violence	Jennifer Krabacher, Lucy Yu
37	An analysis of refractive error in myopic college students and their understanding of retinal detachment risk	Akash Maheshwari, Suyash Srivastava, Aakash Kothari, Tanuj Mahendru
38	Mental Health of Texas Tech students who use the recreational center	Mark Bazemore, Garrett Welch

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