

### Population Served

- Breast Cancer Patients from West Texas and Eastern New Mexico
- Mostly adult women, but children and men included

### Services Provided

- WIGS – fittings, maintenance information, protection from the West Texas sun
- Breast Replacements that suit different patient needs (i.e., total vs. incomplete mastectomy)

### Clients' Health Needs

- Improving cosmetic appearance (i.e., scars, burns)
- Boosting emotional and mental health concerning their hair and/or breast tissue loss

### Clients' Health Information Needs

- Self-care strategies (i.e., wig maintenance, skin care post-op)
- Receiving objects such as pillows to alleviate pain at operation sites

### Advice for Physicians

- Listen to your patients – if they don't want reconstructive surgery down the road, don't leave tissue for reconstruction!
- Rely on your colleagues, especially nurses. They sometimes develop more intimate patient-provider relationships.

# The Inside Out Foundation

## P3 Group #15

### Group Members:

1. Quratulain Shekoh
2. Carson Price Cooper
3. Tania Omondi
4. Hayden Meeks
5. Jordan Kassab
6. Bennett Schackmuth
7. Joseph Guerra
8. Kailin Opella
9. Anjali Aaluri

