

# Meals on Wheels

## Group 12

### ➤ Population Served

Those who are:

- homebound
- unable to prepare well-balanced meals
- without support available to prepare or pick meals up

### ➤ Services Provided

- Meal Deliveries M-F
- Weekend meal packages
- Wellness Check-Ins
- Pet Program
- Books on Wheels
- Flower Program

### ➤ Clients' Health Needs

- Consistent/reliable provision of well-balanced meals
- Interaction with others

### ➤ Clients' Health Information Needs

- Information on well-balanced meals.
- Information on dietary restrictions such as sugar free meals
- Information on nutrition

### ➤ Advice for Physicians

- Identify patients who would benefit from this agency
- Encourage patients to take advantage of the resource while lowering perceived stigmas
- Communicate with their patients about this option
- Direct the patient and/or family members to this agency

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### Group Members:

1. Gayatri Aaluri
2. Joselin Garcia
3. Nicholas Hancock
4. Avantika Mallik
5. Shruti Patel
6. Alexandria Rivas
7. Subash Swarna
8. George Wiest