

Art in Medicine Elective

Course Director: Betsy Jones

Course Coordinators:

President: Rusha Alzghoul, MSII

Vice President: Vy Do, MSII

Secretary: Julieann Cherukara, MSII

Treasurer: Sadie Sudduth, MSII

Description:

Creative artistic expression has positive effects on many aspects of human life. It has been shown to promote better problem solving capabilities, increase capacity to learn new concepts, and serve as emotional coping mechanisms when confronting life's stresses.

The relationship between artistic engagement and patients' health has also been well documented. Multiple studies strongly suggest that artistic engagement has a positive effect on health. For this reason, many health professionals have begun implementing creative exercises as a form of health-care into their practice.

This course will help medical students to learn how the arts can help them develop both critical thinking and empathy to better understand their patients' illness experiences, the medical team-patient relationships, physician self-care, and various other aspects of healthcare.

Students:

Up to 15-20 MSI/MSII students.

Goals/ Objectives:

1. Students will gain an appreciation for how art can be integrated into their medical practice.
2. Students will develop their artistic acumen and learn to use art as a coping mechanism for the stresses of life as a medical student and physician.
3. Students will create a work of art that will be presented in a show upon completion of the course.

Course Format:

The course will be organized into 6 regular sessions, wherein the relationship between art and medicine will be discussed, and 6 studio sessions, wherein students will have the opportunity to create art.

6 Lectures sessions; suggested topics:

Lectures and Studio session dates may change.

Month	Lecture Session	Creative/Studio Session
September	Sep 13 (zoom) Artist: Maddie Ward	Sep 16 Floral Workshop Coordinator: Rusha Supplies: n/a

October	October 14 (P3 session) Speaker: Dr Perrin	October 14 Painting Supplies: N/a Coordinator: Sadie
November	Nov 4th (Zoom) Speakers: TBD	Nov 4th Crafting with Beads Coordinator: Do Vy Supplies: TBD
November	Nov 29th Artist: Asmaa Abushanab	Nov 29th Drawing 101 Coordinator: Julie Supplies- TBD

December	Dec TBD Speakers: TBD	Dec 6 Resin Art Coordinator: Sadie Supplies: TBD
January	January TBD Speaker: TBD	TBD Crochet / embroidery / punch needle Artist: Knitting and Crochet Club Coordinator: Julie

Grading in the Course:

Grading will be on a credit/no credit basis.

In order to receive credit for the course students must:

- Attend at least 7 of the 12 sessions, including: at least **4 of the lectures** and a minimum of **3 of the studio sessions (students are encouraged/welcome to go to more than just 3 studio sessions if they desire)**. **YOU MUST RSVP AHEAD FOR THE SESSION.** (For make-up sessions, contact one of the coordinators)
- Attend the Art exhibit in the spring, and bring your favorite artwork from the elective to be included.**