



Global Matters

The newsletter of the Office of International Affairs Volume 20, September — October 2012

Fall 2012 Global Health Lecture Series



12:00 Noon CT
ACB 110

- Tuesday August 21
Dr. Devendra Gupta
of King George Medical University
- Wednesday September 19
Jason Morton with Single Jingles
- Thursday September 20
Carlos Eire of Yale University
- Wednesday October 3
Greg Hannabas,
SOM Class of 2015
- Wednesday October 17
Jane Nagy,
Women's Health & Rights in Africa
- Wednesday November 7
Sheon Montgomery with The Vietnam Center
- Wednesday December 5
Cynthia Hester of TTUHSC School of Nursing

Presentations with hyperlinks were recorded and can be viewed on the OIA website or checked out from the OIA library.

International Day of Peace

Friday September 21, 2012 may seem like any other day at TTUHSC, but for some September 21st is the difference between life and death. It is International Peace Day, a day of ceasefire and non-violence. Those of you interested in global health may find yourself asking the question, "How can I possibly make a difference in the global issues happening today?" That is the same question Jeremy Gilley asked himself many years ago. Gilley, an actor, had been around cameras most of his life. He knew there had to be more to life and that something had to be done to stop the violence occurring around the world. He believed the media had a responsibility to affect change and he could use his camera skills to make that happen. He thought about peace and how



there was no starting point, no day of global unity, no day for humanity to unite in peace. He started writing letters to everyone, and one of his first responses was from the Dalai Lama. Gilley chose September 21st because 21 was his granddad's favorite number. In 1999, he launched a campaign called *Peace One Day*. Since then

he has traveled to 76 countries and spoken with 44,000 people. He even received a letter from the Taliban confirming they would observe the



day by not engaging in fire, kidnappings, or killings. As a result of the Taliban's observance of Peace Day, 1.6 million children were vaccinated against polio in Afghanistan. In 2008, there was a 70% reduction in violence on Peace Day in Afghanistan. This year Gilley has launched *Global Truce 2012*. He is working hard to get everyone involved: governments, educational institutions, sports

organizations, the Olympics, and most importantly individuals. Individuals inspire action, and working together they create change. If we are to move from a culture of war to a culture of peace, then each and every individual must become involved. People from all social classes are joining together to help raise awareness of the importance of this day. They are celebrating and embracing this day around the world, from the Elton John and James Morrison concert in London to the Peace Pilot art installation in Dallas. What will you do on September 21st to commemorate International Peace Day?

Cupcakes for Peace

Please join the Office on International Affairs and the International Medicine Club for *Cupcakes For Peace*. Come by the ACB 2nd Floor Lobby to decorate a cupcake and learn about International Peace Day.



Available from the OIA Library

The following resources are available for check-out:

Book

Child of the Dark — The Diary of Carolina Maria de Jesus

Child of the Dark, written between 1955 and 1960, is the daily journal of Carolina Maria de Jesus, a single mother of three young children whom she supports by picking through garbage for paper and metal scraps to sell. They live in a cardboard and wood-scrap shack in a Brazilian slum called the favelas. They have no plumbing and only one public cold-water spigot. This story of her life in Sao Paulo is a vivid commentary of the lives of favelados.

Movie

The Autism Enigma: Are bacteria to blame?

Autism is the fastest rising developmental disorder in the industrialized world. With an astounding 600% increase in the disorder in the last 20 years, scientists are still grappling with its cause. The emerging theme is that autism is triggered by environment, not heredity, and that our toxic lifestyle is now proving too much for children to bear.

For more information about the resources available from the OIA library, visit our [website](#).

International Medicine Club Officers

It's a new academic year and with that comes a new group of International Medicine Club officers. Here is a look at the 2012-2013 officers.



Breanna (Bree) Goodwin
IMC President

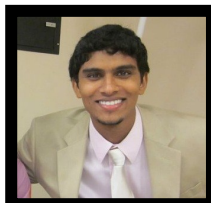
Breanna is a 23-year-old second year medical student from Bonham, Texas. She completed her undergrad at Texas Tech University with majors in Biology and Spanish. She is still undecided on her area of focus; however, she is leaning towards Primary Care. Regarding international medicine, Breanna expressed, "I believe that it is the obligation of all Humanity to do our best to Uphold the Dignity of every person in our species. Unfortunately, individuals have their Dignity destroyed or questioned each day in every area of the world. That being said, such incidents can be much more drastic in certain places and countries, and I'd like to dedicate as much of my life as possible to changing that reality." An interesting fact about Breanna: her favorite Teenage Mutant Ninja Turtle is Donatello. Upon meeting Breanna, don't be surprised if she asks you which one is your favorite. She won't judge you if you can only identify them by color or weapon, but she says, "the only wrong answer is 'I have no idea what you're talking about.'" So who is your favorite Teenage Mutant Ninja Turtle?



Sharon Moore
IMC Secretary

Sharon is a 23-year-old second year medical student from Austin, Texas. She earned a BA in Biology from Pomona College in Claremont, California. She is still undecided on her preferred area

of focus. Her interest in international medicine comes from her love of travel and experiencing different cultures. She enjoys serving those who don't take good health care for granted. An interesting fact about Sharon: she has traveled to 31 countries.



Merrill Raju
IMC Vice President

Merrill is a 24-year-old second year medical student from Mesquite, Texas. He completed his undergrad at Southern Methodist University, earning a B.S. in Biochemistry and Religious Studies. When asked why he is interested in international medicine, he replied, "I have always been passionate about the medical needs outside of the U.S. and found my passion for global health through my visits and travels to India. I was blessed with the opportunity to see the medical system and health care needs of a small village in Southern India. I hope to one day use the talents and skills I received from TTUHSC to provide care in other countries that do not necessarily have a modern standard of healthcare." Something interesting about Merrill: "My interest in the lives and cultures of others has led me to make many friends and correspondents outside of our national borders. Innovations in technology have helped me stay in touch with people far away. Through social mediums and resources, I have found mentors and peers that provide me with insight into their medical practice while I shed knowledge of my medical education. Just as I stay connected with people through the advent of global media, I hope to create a worldwide outreach in my practice of medicine."



Kristin Harrington
IMC Special Project Coordinator

Kristin is a 23-year-old from Plano, Texas. She completed her undergrad at Southern Methodist University with a BA in German and a BS in Biology. She is a second year medical student with a focus on internal medicine and aerospace medicine. When asked about her interest in international medicine, Kristin responded, "I find that working with people from different cultures, who have different ways of doing things, offers us a greater opportunity to continue improving health care." Something interesting about Kristin: she lived in Germany for five years when she was younger.



Marta Hoes
Treasurer

Marta is a 24-year-old from Dallas, Texas. She graduated from Texas Tech University with a major in German. She is a first year medical student. She is interested in international medicine because, "I have always been interested in other cultures and dynamics of international interactions. I was fortunate enough to spend some time abroad and take several classes focused on international subjects, and I began to get a better picture of the great need for better care in other parts of the world, and the great things that can happen when people from different nations and cultures work together." Something interesting about Marta: she has been to 30 countries, she has a cat named Paul, and her dad invented Lunchables.

School of Medicine Global Health Elective

In 2010/2011, students in the International Medicine Club joined together with Dr. Simon Williams, Associate Dean for Academic Affairs in the School of Medicine, to discuss a different way to learn about global health. They wanted to learn about Global Health in a classroom environment instead of relying on international trips, and they wanted to be more prepared for trips abroad. "The students picked topics they were interested in and developed objectives to provide background information on international programs and to discuss major issues in global health," said Dr. Williams.

Michelle McClelland, a third year medical student currently at the Amarillo campus, participated in the elective as a student last year. This year she will serve as one of the instructors. In regards to her participation in the elective, McClelland responded, "I decided to participate last year because international development has always been something I considered important to the overall development of my career and character. When the International Medicine Club announced the development of the elective I immediately volunteered to design and teach certain sections, and I haven't regretted it for a minute."

Because the class is developed and taught by students, they try to cover as many of the basics as possible. McClelland explains, "When designing the class, we tried to cover as many of the basics to international development and healthcare issues as we could. From infrastructure and infectious disease to women's rights and the latest developments in micro-finance loans, we wanted to include, at a minimum, an overview of each issue with the ability for future classes to add to the curriculum, if desired." The curriculum is designed to help "students gain a higher level of understanding of the many factors that come together to create a country and the crises that they face." McClelland continues, "More importantly, I hope that the class sheds light on how a student or medical professional can get involved. I want people to walk away with the ability to see the overall picture of a country, the factors it faces both pros and cons, as well as how they can contribute and the cultural sensitivity required when getting involved with such a project. From being familiar with peoples' culture to understanding the factors their country's face, students should be well informed and well equipped in order to make the largest impact possible."

When asked, why she thinks knowledge about global health is important to the TTUHSC community and the general public, McClelland confidently replied "In order to make a tangible difference in people's lives, understanding and compassion must be shown on many levels. I believe that becoming familiar with the position people face in developing countries helps us grow as medical professionals and as human beings. TTUHSC as a family of health care providers is incredibly supportive in this endeavor, making our team of providers as compassionate and encouraging of human dignity and health as possible."

School of Medicine is in the process of designing a Global Health Certificate. As explained by Dr. Williams, "The elective is designed to fit into a global health certificate program so ideally all schools will buy into the concept of the global health certificate. The requirements of the certificate would be to participate in the elective class, OIA lectures and events, local community service, and take part in at least one out-of-country global health trip." The certificate "will help on residency applications to show that someone is actually committed to learn global health and is actively involved."

Mark Your Calendar for the OIA Film Series



You're invited to join the Office of International Affairs as we host a screening of one of the many films from our library.

**12:00 Noon
CST
ACB 240**

- Thursday September 13
- Thursday October 4
- Thursday November 15
- Thursday December 13

October Feature film:

Pray the Devil Back to Hell

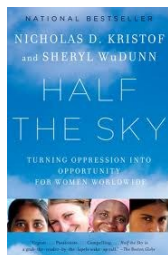
This film is an inspiring story of a group of ordinary Liberian women who came together — Muslim and Christian, rich and poor, urban and rural — to bring peace to their war-torn country.

Attendees are welcome to bring their own lunch.

Free snacks will be provided!

Half the Sky: Turning Oppression Into Opportunity For Women Worldwide

As part of the Global Health Elective, students are reading *Half the Sky: Turning Oppression into Opportunity for Women Worldwide*. This book is a passionate call to arms for what authors Nicholas D. Kristof and Sheryl WuDunn call "our era's most pervasive human rights violation: the oppression of women and girls in the developing world." It tells the stories of several women and their struggle against oppression and demonstrates that with a little help their lives can be transformed. Through these stories, it is easy to see that the key to economic pro-



gress lies in unleashing women's potential. According to the authors, the greatest unexploited economic resource is the female half of the population. Countries such as China have prospered precisely because they emancipated women and brought them into the formal economy. Unleashing that process globally is not only the right thing to do, it's also the best strategy for fighting poverty.

John Massoud, a first year medical student and participant in the Global Health Elective, said, "I think it's an extremely humbling account of aspects we tend to ignore or build calluses towards in medicine. I'm anticipating the uplifting portion of the text, but the multitude of stories and statistics con-

jure plenty of emotion."

Authors Kristof and WuDunn created the *Half the Sky Movement* to ignite changes needed to put an end to the oppression of women and girls worldwide through a variety of outlets, including a four-hour television series on PBS. The series, shot in 10 countries, tells the stories of women living under some of the most difficult circumstances imaginable. The series will premiere on October 1 and 2, 2012. OIA will host screening of the series on a later date.

For more information about the book and movement, please visit their website. www.halfttheskymovement.org

When in... India

- The customary greeting is called a *namaste*, and it involves bowing slightly or nodding while holding your palms together below your chin. Handshakes are also used in business, but the *namaste* is the safest choice because you can use it in situations when you are unsure whether physical contact is appropriate.
- Indians are very friendly and gregarious and will start a conversation anywhere and ask all sorts of personal questions; it is okay for you to reciprocate and ask your host similar questions.
- Avoid standing with your hands on your hips; this is an aggressive gesture.
- When someone offers you food or a drink, it is polite to refuse it at least once before accepting. After this, don't refuse an offer of food or drink because any rejection of hospitality is viewed as an insult.
- After eating, thanking your hosts is considered an abuse of hospitality because it implies that food was not offered willingly.
- Eat food with your right hand; the left is reserved for unclean uses such as going to the bathroom.

Better Together: The Power of Teamwork in Nicaragua

By Staci Godwin, School of Nursing

As an overwhelmed, unsure-of-what-I-had-gotten-myself-into first year nursing student last fall, I wandered into an Office of International Affairs Wednesday lecture series. I soon realized that this would be my bimonthly lunchtime lifeline throughout my nursing school experience. It was not the amazing free lunches that were provided that kept drawing me back (although they were an added bonus!) Lecture after lecture I became more intrigued, inspired, excited, challenged, and passionate about being a part of impacting people of another culture with my ever progressing nursing skills. As a humanitarian aide worker in

Tajikistan a few years back, I fell in love with people striving to make a better life for themselves and their families within a developing society. The chasm between reality and a brighter future for the developing world is enormous. Yet as I sat through each unique presentation and saw the faces and places around the globe that have been impacted by healthcare professionals and students, my dreams began to take flight.



As the months passed by, I began to realize that a tiny spark of imagination could turn into reality with a nudge of determination and hard work. My dream of joining an international medical mission team from Texas Tech Health Sciences Center slowly became reality as a multitude of others graciously assisted in making it happen. And that was the first valuable insight I gained upon arrival in Nicaragua. It

takes a team working together toward a common goal to accomplish the task at hand. As the saying goes, we are indeed "better together." The healthcare providers and students joined forces in the impoverished nation of Nicaragua to provide healthcare services for those less fortunate in remote mountainous regions. It was immediately apparent that every member of the team played an equally important role to the success of the mission. Flexibility became a close companion. Although there

was opportunity for frustration due to cultural differences, it was the reminder of our ultimate goal to serve and love people that fought off the temptation to give in to frustration. As medicine, allied health, pharmacy, nursing, and counseling experts conglomerated efforts, a more holistic care was provided specific to each patient's need. As a nursing student, this cross cultural experience encouraged me to maintain a pure motive and heart so that each individual I serve receives the best patient care. Through this experience, I gained greater understanding of Central American peoples. Regardless of skin color, language, or environmental factors that impact health, I have wholeheartedly embraced the truth that people are of great value and deserve my best nursing efforts. My involvement in this global health experience has enhanced the development of my skills as a future nurse. I would highly recommend taking the opportunity to step into a different culture.



Answers for Can you name that flag?
See page 6

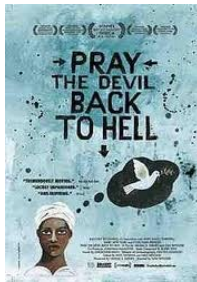
1.	Sierra Leone
2.	Ghana
3.	Liberia
4.	Nigeria
5.	Cameroun
6.	Cote d'Ivoire

Pray the Devil Back to Hell

A movie review

By Shamini Parameswaran, School of Medicine Class of 2014

Liberia was founded in 1847. Shortly after, an elite class formed and dominated for more than a century. Then in 1989 a civil war broke out. It was known as “hell on earth” and was the beginning of more than a decade of atrocious acts, taking thousands of innocent lives. “Pray the Devil Back to Hell” is one of the best documentaries of our time. It highlights the incredible courage and perseverance of Liberian women who joined together from all walks of life for one purpose: peace in Liberia. It started with one woman, Leymah Gbowee, who was tired of the tyrant Charles Taylor’s “bloody regime”. Christmas eve, 1989 he decided to reconstruct the “minds” of the Liberian people by starting a civil war. His soldiers hacked off the hands and feet of



citizens, child soldiers were recruited into the rebel army, and people lived in constant fear. As one citizen put it, “you would go to bed and pray that you have something different the next day.” Life in Liberia worsened until Leymah Gbowee decided to do something. She knew that peace had to come. One day at church, she announced to her congregation that the women of Liberia must unite and pray until peace came. Her speech was so inspirational that another woman spoke up. To everyone’s surprise she was Muslim, and she was so inspired by Leymah’s speech that she wanted to take this call for peace to her Muslim sisters in the mosques. “We all serve the same God,” she said, and it was important that all sisters, whether Christian or Muslim unite and heed the call for

peace. What began as a simple statement in a small church turned into one of the greatest movements in the history of Liberia and the world. Women from all faiths and parts of Liberia united, dressed in white, and protested for peace. This small group of women grew into thousands. Thanks to their strong will and determination, Liberia finally found peace and exiled Taylor. They went a step further by electing the first female president of an African country. This was definitely one of the best 72 minutes I’ve spent watching a movie. You must see their incredible journey for yourself. I would give it a 6 star rating on a 5 star scale. Though the women in white no longer sit outside protesting, the people of Liberia know they are still out there, waiting and watching to ensure the devil never comes back.

Country Close-up*

*every issue OIA will select another country to feature

The Republic of Nauru

Nauru, a small island nation in the South Pacific about 25 miles from the equator, is the world’s smallest republic, covering just 21 square kilometers. Slightly larger than Washington D.C., it is the second least-populated country after the Vatican City with just 9,378 residents. Nauruan is the official language; however, English is widely spoken and understood.



Nauru was first inhabited by the Micronesian and Polynesian people about 3,000 years ago. There were 12 tribes on the island which are represented by the 12-pointed star on the coun-

try’s flag. The name “Nauru” may originate from the Nauruan word *Anáero*, which means “I go to the beach”. In 1798 John Fearn, a British sea captain, was the first Westerner to visit the island, and he named it “Pleasant Island”. Nauru was under German rule for three decades until World War I when it was captured by Australian troops. It became a self-governing nation in 1966 and gained its independence in 1968.

Due to the islands’ constant change of hands, the ethnic groups inhabiting the island vary. About 58% of the population is of Nauruan decent, while 26% are Pacific Islander. Chinese and European groups make up 8% each.



The country is a member of the United Nations, the Commonwealth of Nations, the Asian Development Bank and the Pacific Islands Forum. It is governed by a president, Sprent Dawido, and an 18-member unicameral parliament.

According to World Health Organization (WHO) statistics, the life expectancy at birth is 56 years for males and 65 years for females. The leading causes of death are ischemic heart disease, diabetes mellitus, hypertensive heart disease, cerebrovascular disease, unipolar depressive disorders, nephritis and nephrosis, lower respiratory infections, and cirrhosis of the liver.

When in... India cont.

- Don’t offer anyone else, even a close friend or partner, food from your plate. The Western romantic image of offering a forkful of food to your lover would be viewed with disgust.
- Don’t be surprised if your guests arrive late and bring uninvited guests. It is a sign that your friends like you enough to encourage others to enjoy your company and hospitality.
- In India, a tip or *bak-sheesh* is more about ensuring good service than rewarding it. In a restaurant, a 10 percent tip after the meal is acceptable, but often a service charge is added to the bill.
- The following are rude and should be avoided: winking, whistling, pointing or beckoning with your fingers, touching someone’s ears or pointing your feet at someone.
- Since the cow is sacred in India, wearing a leather jacket, belts, or watch straps as well as carrying a leather purse may cause offense, especially in a place of worship.
- If you receive a gift, open it in private. Wrap gifts in bright-colored paper; avoid black and white, which are unlucky.

Taken from *Behave Yourself!* By Michael Powell

International Flavor



Jamaican Banana Fritters

recipe provided by Keino McWhinney, President's Office

Makes about 24 fritters.

Ingredients:

- 3 ripe bananas
- 1 egg
- 1 teaspoon vanilla extract
- 1/2 teaspoon cinnamon
- 1 cup sugar (less or more for desired sweetness)
- 2 cups flour
- 1/4 cup baking powder
- 1/4 cup milk (or milk substitute)

Instructions:

- Place peeled bananas in a bowl and smash until very soft.
- Add egg, then flour, followed by the additional ingredients in the order listed above.
- In a medium to large skillet, heat cooking oil on medium.
- Add portions of the batter to the skillet (about the size of a large cookie) and fry until golden brown on each side.
- Drain each fritter on a paper towel and enjoy while still warm.

Jamaican banana fritters can be enjoyed at any time, though they are often enjoyed as breakfast or desert.



Can you name the West African countries represented by these flags?

Look for more information about our upcoming West Africa Cultural Event on page 8.



Answers on the bottom of page 4.

International Programs Week

The Office of International Affairs invites you to attend our International Programs Week activities October 1-5.

→ All Week —
Photography pre-show
in the 2AB North Foyer

→ Monday — Kickoff Event
8:00 am FREE coffee, do-
nuts, and kolaches at the
entrances to the ACB

→ Wednesday — Lecture
by Greg Hannabas
12:00—1:00 ACB 120
40 FREE lunches!

→ Thursday — Film Series
Pray the Devil Back to Hell
12:00—1:00 ACB 240
FREE snacks!

Friday — Beyond Borders, Beyond Measure
Photography Exhibit
6:00—9:00 pm at the Legacy Event Center
Come and go



The Office of International Affairs

cordially invites you to

BEYOND BORDERS, BEYOND MEASURE

An exhibit of photographs taken by TTUHSC students engaged in service and study abroad



The Legacy Event Center
1500 14th Street
Lubbock, Texas
Friday, October 5, 2012
6:00-9:00pm
Come and go



Featuring photographs taken by Ashley Cowan, Alyse Power, Ana Salazar, Charmaine Aguas, Conner Biskamp, Chris Hobart, Chelsie Hollas, Greg Hannabas, Hallie Bolton, Jami Barnard, Jason Chandrapal, Jennifer Wagner, Lauren Biedermann, Mickinzie Morgan, Monica Rettenmier, Susana Lampley, Sharon Moore, Siobhan Shahian, Stephanie Vander-Plas and Nathan Yee

All proceeds from the sale of the photographs will go toward scholarships for TTUHSC students participating in international programs.

In the News, Around the World

- [Giving Teen Moms the Tools to Change Their Lives](#)

Working as a volunteer in a maternity clinic, Catalina Escobar was heartbroken when her 12-day-old patient died in her arms because the teenage mother could not afford treatment. She started a foundation in her hometown of Cartagena, Columbia to improve children's health and provide teen mothers with education and job training.

- ['Poorest' President In the World Donates 90% of Salary to Charity](#)

José Mujica, President of Uruguay, has been given the nickname of "poorest," or the "most generous," president in the world after revealing that he donates 90% of his earnings to charitable causes.

- [Cholera Outbreak Over, Cuban Government Says](#)

A cholera outbreak in the Granma Province of Cuba infected 417 people and killed three. Government officials have declared the outbreak to be over. The last outbreak occurred over a century ago and doctors are unsure of why it has returned, but they are certain that the heavy rains caused outhouses to flood into drinking wells, causing the disease to spread rapidly.

- [What's Killing Cambodia's Children?](#)

This is the grim track of a mysterious new illness that has already killed scores of children in Cambodia: First, there's a severe fever, then comes encephalitis, a swelling of the brain. Finally, the lungs go, and the child dies. All this happens within 24 hours.

- [Prolonged CPR Holds Benefits, a Study Shows](#)

When a hospital patient goes into cardiac arrest, one of the most difficult questions facing the medical team is how long to continue cardiopulmonary resuscitation. Now a new study involving hundreds of hospitals suggests that many doctors may be giving up too soon.

- [Rare Infections Prompts Neti Pot Warning](#)

The FDA reported on two cases in Louisiana last month in which patients contracted infections after using neti pots filled with tap water. The culprit was an amoeba called *Naegleria fowleri*, which is commonly found in lakes, rivers and hot springs. The FDA has issued warnings reminding consumers to use distilled or filtered water and use good cleaning approaches and maintenance when using neti pots.

- [World's First Vegetarian McDonald's To Open At Indian Holy Sites](#)

McDonald's will open outlets serving all-vegetarian menus for the first time at two of India's most-visited pilgrimage sites. However, many Indians are upset with the proximity of the McDonald's restaurants to the Golden Temple and the mountain shrine Vaishno Devi.

International Holidays and Celebrations



September

- 01—Ganesh Chaturthi; Hindu
- 02—National Day; Vietnam
- 03—Independence Day; Qatar
- 04—Father's Day; Australia
- 06—Bonaire Day; Bonaire
- 07—Independence Day; Brazil
- 08—International Literacy Day
- 09—Father Laval Day; Mauritius
- 10—Gibraltar National Day; Gibraltar
- 11—Catalan National Day; Spain
- 12—Chuseok; North & South Korea
- 14—Battle of San Jacinto; Nicaragua
- 15—Our Lady of Sorrows; Slovakia
- 16—Independence Day; Mexico
- 18—Oktoberfest Begins; Germany
- 19—St. Januarius Day; Italy
- 21—International Day of Peace
- 22—Independence Day; Bulgaria
- 23—Equinox; International
- 24—National Day; Guinea Bissau
- 25—Kamarampaka Day; Rwanda
- 27—St. Vincent de Paul Day; Madagascar
- 28—Confucius's Birthday; China
- 29—Battle of Boqueron; Paraguay
- 30—Manit Day; Marshall Islands

October

- 01—Unification Day; Cameroon
- 02—Gandhi Jayanti; India
- 03—Tag de Deutschen Einheit; Germany
- 04—Independence Day; Lesotho
- 05—Double Ninth Day; Taiwan
- 06—Remembrance Day; Turkmenistan
- 07—Yom Kippur; Judaism
- 09—Independence Day; Croatia
- 10—Fiji Day; Fiji
- 12—National Day; Spain
- 13—Santa Fortunata; Peru
- 15—Cayenne Festival; French Guiana
- 16—World Food Day; International
- 17—Dessalines Day; Haiti
- 18—Persons Day; Canada
- 19—Mother Teresa Day; Albania
- 20—Kenyatta Day; Kenya
- 23—Ghulalongkorn Day; Thailand
- 24—Independence Day; Zambia
- 25—Thanksgiving; Grenada
- 26—Diwali; Hindu
- 28—Ochi Day; Cyprus & Greece
- 29—Naming Day; Tanzania
- 30—Creole Day; Dominica
- 31—Samhain; Pagan



Language Lesson: My Name Is...



Afrikaans	My naam is...
Basque	... naiz
Cimbrian	Ich hössse...
Danish	Jeg hedder...
Dutch	Ik heet...
Esperanto	Mi nomiĝas...
Fijian	Na yacaqu o...
French	Je m'appelle...
German	Ich heiße...
Haitian	M rele...
Indonesian	Nama saya...
Italian	Mi chiamo...
Latin	Nomen mihi est...
Malay	Nama saya...
Māori	Ko...ahau
Norwegian	Jeg heter...
Occitan	Me dison...
Polish	Mam na imię...
Portuguese	Chamo-me...
Romanian	Mă numesc...
Spanish	Me llamo...
Turkish	İsmim...
Vietnamese	Tôi tên là...
Wolof	Maa ngi tudd...
Yapese	Igama lam ngu...
Zulu	Igama lami ngu...

West Africa Cultural Event

Join the Office of International Affairs
December 6th to celebrate the enriching
culture of a few West African Nations

December 6th
2nd Floor ACB Lobby
12:00—1:00

Refreshments Will Be Provided!

**Come hear beautiful music,
eat West African cuisine, and
enjoy other fun activities!**

