



Global Matters

The Center for International and Multicultural Affairs Newsletter

Volume 13, September —October 2010

CIMA Lectures on World Health



12:00 Noon CST
ACB 120

- **Wednesday September 1**
Desirae McKee MD
- **Wednesday September 15**
Barbara Pence PhD & Christ Esperat RN, PhD
- **Wednesday October 6**
Jennifer Roh SOM
- **Wednesday October 20**
Michael Parsa MD
- **Wednesday November 3**
John Thomas, MD
Operation Hope
- **Wednesday November 17**
Andres Pedroza
Community Health Center of Lubbock
- **Wednesday December 1**
Yolanda Flores
Catholic Family Services

El Paso—Room 235
(11:00 am MT)
Amarillo—Room 4720
Odessa—Room 2C91

FREE LUNCH!

provided to the first 35 attendees
(Lubbock campus only)

Global Health Outreach Clerkship Takes SOP Students to Guatemala

For the second straight summer, SOP Assistant Professors Drs. Shawna King and Niambi Horton traveled out of the country with a group of P4s as part of the Global Health Outreach elective clerkship. The students, all from the SOP's Dallas/Fort Worth campus, included Zubin Bhakta, Steve Hammond and Tyler Sledge.



from left: Steve Hammond, Zubin Bhakta, Tyler Sledge, Dr. Shawna King, and Dr. Niambi Horton

The group spent nine days in Guatemala performing health screenings and educating patients about diabetes, hypertension, lifestyle issues and a variety of other topics of concern to the community. Their first three days were spent in Guatemala City learning about the Guatemalan national health care system and visiting primary care clinics in remote areas surrounding Guatemala City. From there, they traveled to Santiago Atitlán, the capital of the Tz'utujil Mayan community, and worked alongside staff and volunteers from all over the globe at Hospitalito Atitlán and at a local church.

"Choosing the location and which organization is very difficult," Dr. King said. "We spend much time researching, discussing and praying about this decision. But we are both passionate about Central and South America and plan to continue our mission work in that part of the world."



Steve Hammond, D/FW P4

Dr. King said the GHO clerkship took place in Costa Rica last year because she and Dr. Horton had both been there several times previously. This year they had the opportunity to go to Guatemala with CEDEPCA (Centro Evangélico de studios pastorals en Centro América), an organization Dr. Horton worked with while she was in college.

"We wanted to work with an organization rather than organize our own trip this year to make sure we had

a lasting and sustainable impact in the communities where we worked," Dr. Horton said. "This is why I pursued a career in health care and academia. It combines all of the things I love the most: helping and teaching people. In these experiences I learn as much from the students and patients on the trip and during the rotation as I teach, perhaps more."

To participate in the clerkship, students undergo an application and interview process. Those selected then spend more than a month preparing for the clerkship by learning about the culture, taking Spanish classes, collecting donations and working with Drs. King and Horton at various local clinics and organizations. For the students who took part in the clerkship this year, the experience proved to be very rewarding.

"My first rotation as a fourth-year pharmacy student may indeed have become one of the most educational experiences of my life," Zubin said. "I was taught about different cultures, the practice of pharmacy in and out of the United States and even about me as an individual. We were forced out of our comfort zones, which ultimately allowed us to know what we were truly capable of. From this I was able to understand that no matter the barriers that are present, if we work hard enough we can find ways to overcome them. I would recommend this rotation hands-down to any of my colleagues who wish to grow, not only as a student, but also as a person."



Tyler Sledge, D/FW P4

Tyler said the clerkship gave him a new look at medical care and provided him with insight into building relationships, communicating and respecting other cultures.

"My hope is that the events that took place over this time will serve as a base to how I hope to perform in both my future career and life," Tyler said. "The Global Health Outreach rotation was an excellent experience from both a personal and academic aspect because we were able to see first-hand how a culture with limited resources to health care functions and the resilience of the people that make it happen. Professionally, I feel a greater understanding of how to approach situations with patients from different cultures and in situations where communication may not be as straightforward as it may seem."

Continued on the bottom of page 7

Available from the CIMA Library

The following resources are available for check-out:

Book

The Cancer Journals
by Audre Lorde

The forthrightness and ferocity with which Audre Lorde greeted every social injustice is in full force in this courageous exploration of her breast cancer and mastectomy. Using the journal, memoir, and essay forms, Lorde gives voice to her "feelings and thoughts about the travesty of prosthesis, the pain of amputation, the function of cancer in a profit economy, confrontation with mortality, the strength of women loving, and the power and rewards of self-conscious living." Lorde powerfully weaves together the three literary forms, allowing her to leap from raw expressions of pain to her inimitably astute social observations.

Movie

Bill Moyers on Faith and Reason

In this seven-part series which Newsday calls "rich, provocative, and enthralling," Bill Moyers explores the complex region between faith and reason, engaging in thoughtful conversations with some of the world's noted writers and thinkers. The insights that emerge—about the creative process, the importance of myths and stories, and the human condition—prove as valuable as any scholarly treatise or theological tract.

To view a complete selection of books and movies available visit our website at ttuhsc.edu/cima/library

Global Alliance for Clean Cookstoves

Exposure to toxic smoke from traditional cookstoves and open fires accounts for nearly 2 million deaths annually, with women and young children the most affected, according to World Health Organization estimates. The primary means of cooking and heating for nearly 2 billion people in the developing world, exposure to cookstove smoke has cross-cutting implications, including: increased health problems, personal security risks, environmental consequences, and a negative economic impact.

Cookstove smoke contributes to a range of chronic illnesses and acute health impacts, such as acute pneumonia in children under the age of five, lung cancer, and Chronic Obstructive Pulmonary Disease (COPD). A growing body of evidence suggest links to other conditions, including Tuberculosis, cardiovascular disease, cataracts, and low birth weight.

The World Health Organization estimates harmful cookstove smoke to be the fifth-worst overall health risk factor in poor, developing countries.

In addition to health consequences, the use of traditional cookstoves and open fires also has environmental consequences. Roughly 3 billion people cook their food by burning solids, such as wood, dung, or coal in crude, polluting stoves. The use of these fuels represents a significant part of the total primary energy demand in developing regions, nearly half for Africa and more than a quarter for India.

Inefficient, polluting cookstoves can contribute to climate issues through emissions of greenhouse gases like carbon dioxide, methane, and aerosols such as black carbon. The broad use and adoption of clean cookstoves would significantly reduce these emissions.

The Global Alliance for Clean Cookstoves, a public-private partnership led by the United Nations Foundation, was created to combat health issues caused

by cookstoves. The goals of the alliance are to save lives, improve livelihoods, empower women, and combat climate change by creating a thriving global market for clean and efficient household cooking solutions.

The alliance will work in cooperation with other leading international non-profit organizations, foundations, academic institutions, corporate leaders, governments, UN agencies, and local NGO's, women's self-help groups, and community members to achieve their goals and help overcome the market barriers that currently impede the production, deployment, and use of clean cookstoves in the developing world.

The Alliance has initiated the '100 by 20' campaign which calls for 100 million homes to adopt clean and efficient stoves and fuels by 2020, thereby laying the foundation for a long-term, universal adoption of clean and efficient cooking solutions.

For more information about the Global Alliance for Clean Cookstoves, go to www.cleancookstoves.org.

~article from International Health Issues:
The United States and the Global Alliance for Clean Cookstoves

Quick Facts from CleanCookstoves.org:

- Exposure to cookstove smoke kills nearly 2 million people every year.
- Nearly 3 billion people use polluting, inefficient stoves or open flames to cook their food.
- Exposure to cookstove smoke doubles a child's risk of contracting pneumonia.
- Girls spend as many as 20 hours per week collecting fuel.
- Clean cookstoves save families fuel and money.
- Stove companies create local jobs and improve livelihoods.

The Killing Fields

A CIMA Movie Review

by Bethany Williams

Based on a true story, *The Killing Fields* is set in Cambodia in the 1970s during the regime of the Khmer Rouge. This powerful story centers around two characters: an American reporter, Sydney Schanberg, and his Cambodian translator and fellow reporter, Dith Pran. The film details not only the war, but also the friendship that grows between the two men as they face the difficulties born of a violent and powerful regime.

Although *The Killing Fields* is difficult to follow in the beginning, it is worth sticking out the first twenty minutes. This film is excellent if you enjoy learning about world history and the plight of a nation caught in the midst of war. Not only is it educational, but it is entertaining and moving. This dramatic account of the power of friendship, perseverance, and dedication will inspire you in your own relationships and battles.

Bethany Williams is a second year medical student. Look for more CIMA movie reviews in future volumes of Global Matters. All reviewed films can be checked out from the CIMA Library. For more information visit our website at ttuhsc.edu/cima/library.



*The Center for International and Multicultural Affairs
cordially invites you to*

BEYOND BORDERS, BEYOND MEASURE

*An exhibit of photographs taken by TTUHSC students
engaged in service & study abroad*

*Louise Hopkins Underwood Center for the Arts
Icehouse Gallery
511 Ave. K
Lubbock, Texas*

*Friday, October 1, 2010
6:00-9:00pm
Come and go.*

*Featuring photographs taken by Meredith Aikman, Katy Britten,
Whitney Boyce, Emily Calasanz, Mohammed Hamzeh,
Karen Luk, Craig Milner, Christine Pan, Kaiti Severson,
Tracy Soledad, Meera Subash, and Brenda Watkins*

*All proceeds from the sale of photographs will go towards scholarships for
TTUHSC students participating in international programs and activities.*

Mark Your Calendar: the CIMA Film Series



You're invited to join the CIMA office as we host a screening of one of the many films from our extensive library.

**12:00 Noon
CST**

- Thursday
September 9
ACB 260 K
- Thursday
October 14
ACB 250
- Thursday
November 11
ACB 250
- Thursday
December 2
ACB 260 G

October Feature Film:

As We Forgive
Can mercy restore what
genocide destroyed?

November Feature Film:

Hold Your Breath
A deadly disease, a
deeply religious man, a
compassionate doctor, a
collision of cultures

Future film titles to
be announced!

Attendees are welcome to
bring their own lunch.

Useful Websites

Need assistance with your next trip abroad? Try visiting the following websites:

- To obtain or renew your passport: travel.state.gov/passport
- To register your upcoming trip abroad with the State Department: <https://travelregistration.state.gov>
- To obtain country specific information regarding your destination: travel.state.gov/travel
- To find a list of vaccinations required or recommended for your destination: www.cdc.gov/travel/destinationlist.aspx
- For information regarding what you can and cannot bring back from your trip (know before you go): www.customs.gov/xp/cgov/travel/vacation/kbyq/
- To locate a U.S. Embassy: www.usembassy.gov
- For information regarding air travel including carry-ons and prohibited items: www.tsa.gov/travelers/
- To view current exchange rates: www.xe.com/ucc/
- Students should also consider purchasing an International Student Identity Card (ISIC) for discounts abroad: www.istc.org
- To vote absentee if an election is being held while you're abroad: www.fvap.gov

University of Edinburgh Researches Ectopic Pregnancies

Ectopic pregnancies occur when a fertilized egg becomes implanted in the fallopian tube instead of the uterus. While ectopic pregnancies are rare, accounting for approximately 2% of pregnancies, they can result in the rupture of fallopian tubes and may affect a woman's ability to conceive later on.

Of women who develop ectopic pregnancies, the number of those who smoke is four times greater than the number of those who do not. Research conducted at the University of Edinburgh, and funded by the Wellbeing of Women charity, has recently uncovered the cause. Tissue samples from female smokers and non-smokers, as well as women who had previously experienced health and ectopic pregnancies were examined.

It was discovered that female smokers had twice the level of protein PROKR1 in their fallopian tubes as compared to non-smoking females who experienced healthy pregnancies. This protein thwarts muscle contractions in the walls of the fallopian tubes, thus halting the transfer of the fertilized egg into the uterus. Cotinine, a chemical in cigarettes, is known

to cause the production of increased levels of PROKR1.

In addition to the affects smoking has on the lungs, this research has shown that components of cigarette smoke are transported through the bloodstream to affect the reproductive system. You can find the complete report in the latest edition of the American Journal of Pathology.

~ article from World News—
Daily Mail Reporter



The University of Edinburgh (UE), located in Scotland's capital city, is comprised of three colleges (one dedicated to the study of medicine and veterinary medicine) containing 22 distinct schools.

Founded in 1583, UE is one of the oldest, yet most progressive centers for medical and veterinary medical

research in the UK. The new \$475 million USD facilities of the College of Medicine and Veterinary Medicine are state of the art. The average annual research income for the college exceeds \$160 million USD. According to their website, the 2008 Research Assessment Exercises (RAE) rated nearly 70% of their researchers at or above the level of International Excellence.

For more information about the University of Edinburgh visit their [web site](#).

Spain's Tomatina Festival

Mama always said to eat your vegetables, but in Bunol, Spain (located in the Valencia region), people gather each year to throw their vegetables.

La Tomatina is a week long festival that culminates in a giant food fight. It is held on the last Wednesday of August and has become one of the highlights of Spain's many summer festivals.



Thousands of tourists and visitors flock to the small village of Bunol to be a part of the event. Truckloads of over-ripe tomatoes are brought to a central location and then the havoc ensues.

In preparation of the pulpy mess, local shopkeepers cover their storefronts with huge plastic covers.

The exact history of La Tomatina is unknown. There are many different stories that suggest the origin of the world's largest tomato fight. These stories have become part of the Tomatina legend.



Bunol has a population of 9,000 people. During the festival 30,000 visitors are expected to attend. Unable to accommodate such a large increase in population

many participants must resort to staying in nearby Valencia.

The tomato fight has been a tradition in Bunol since around 1944. Regardless of the origin of the festival, its fair to say that you probably won't find a more unusual, or more messy, festival anywhere else in the world.



To view more images of La Tomatina visit the following websites:

- latomatina.org
- [Lonely planet](https://lonelyplanet.com)
- [Indie Travel Podcast](https://indietravelpodcast.com)
- [Yahoo! News](https://news.yahoo.com)
- [The Wondrous.com](https://thewondrous.com)

Meet Harjot Singh, President, International Medicine Club, 2010—2011



Harjot Singh grew up in Houston, TX and attended undergrad at the University of Texas, Austin (UT). For the first two years of her college experience her major remained undeclared. It wasn't until she attended a medical mission with Global Medical Training, a student organization at UT, during her junior year that she became serious about medicine. Medicine was always a possibility (her mother works in the health care field), but it was her experience with Global Medical Training that convinced her it was the career she wanted to invest in. The idea of working abroad and being involved in international health issues was very appealing.

With Global Medical Training Harjot had the opportunity to travel to impoverished areas of Mexico where the group set up makeshift medical clinics. Seeing the passion the group members displayed for global health concerns and witnessing the kind of impact a group of volunteers can have on a community sparked Harjot's own interest in international medicine. "I never gave it (medicine) serious thought until I ran across this group. It looked pretty amazing, what they did...I came across this group and it just felt right," recalls Harjot.

Harjot became involved with the International Medicine Club at Texas Tech University Health Sciences Center after attending one of their meetings last year. The meeting featured Dr. Jason Prystowsky, a physician who works with Doctors Without Borders (MSF) in areas devastated by malnutrition. "It was one of the first organization meetings of the year. It was the beginning of August. There were flyers everywhere that said a speaker from Doctors Without Borders was coming, and I was really excited about that because that is something I want to do eventually," Harjot recalls.

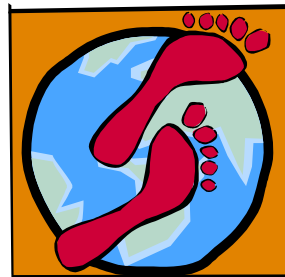
After attending the first meeting she continued to be involved in the club's activities. "Whenever I'm interested in something or passionate about something I definitely want to take a more active role in that organization...international medicine is something that is near and dear to my heart. I knew for a fact that I wanted to be involved." This passion for international health issues led her to accept the position of President for the 2010-2011 academic year.

This academic year the International Medicine Club has restructured its board of officers. "The club

has grown tremendously...This year we have so much interest in my class and the upcoming class...that gives us room to do so much more," says Harjot. With nine officers serving the club they can focus their energies on a wide range of topics and interests. Some of the goals the club wants to accomplish this year include promoting awareness of current events in global health, encouraging activism and being an active solution to problems facing the world, and preparing students to go abroad through clinical trainings.

The International Medicine Club also plans to host a poverty banquet again this year. Last year the club hosted a full house at the International Cultural Center. A unique twist at the banquet provided attendees the opportunity to really experience the impact of poverty. The proceeds of the banquet were donated to Breedlove Foods, Inc., a non-profit organization based in Lubbock that provides dehydrated food products to countries all over the world.

This past summer Harjot joined a group of eight students from TTUHSC who traveled to Jinotega, Nicaragua for a medical mission. This experience is just one of the many Harjot hopes to participate in as a student at TTUHSC. As the interest in international health opportunities continues to grow, it will take a strong leadership team to address the needs of the student body. Harjot and her team of officers hope to do more to provide more international opportunities to students at TTUHSC.



International Medicine Club Officers, 2010-2011:

Harjot Singh—President
Michael Yim & Simi Abraham—Co-Vice Presidents of Media and Communications
Mohammed Hamzeh & Anand Tarpara—Co-Vice Presidents of Clinical Training
Jennifer Roh & Christine Pan—Co-Vice Presidents of Community Outreach
Brittany Chan—Vice President of Finance
Ha Nguyen—Vice President of Meetings and Conferences

Students interested in knowing more about the International Medicine Club at TTUHSC can e-mail ttuhscinternationalmedicine@gmail.com

Doctors Without Borders: Tales from the Field, the presentation delivered by Dr. Jason Prystowsky of MSF, can be viewed on-line at the [SOM Office of Curriculum webpage](#).

International Flavor

Sesew Froe (Shrimp and Eggplant)

adapted from West
African Cook Book by
Ellen Gibson Wilson

Serves 4

Ingredients:

- 1 medium eggplant, peeled and cubed
- 1 cup boiling water
- 1 teaspoon salt
- 1 can tomatoes, chopped
- 1 bunch green onion, chopped
- 2 medium jalapenos, chopped
- 1 pound shrimp
- Salt, to taste
- 1/2 teaspoon ginger
- 1 can tomato paste
- 1/2 cup parsley, chopped
- 2 tablespoons olive oil

Instructions:

- Place eggplant in water with salt and simmer for 10 minutes. Drain and set aside.
- Sauté onions and peppers in oil for 10 minutes. Add tomatoes and simmer for 5 minutes.
- Sprinkle shrimp with salt. Let stand for 10 minutes
- Add shrimp and 1 cup water to the pot. Simmer until shrimp are done.
- Add ginger and tomato paste. Stir well.
- Add eggplant and simmer for 5 minutes.
- Sprinkle with parsley and serve with rice.

When in... Argentina

- If you are meeting someone for the first time, you should shake hands, but thereafter, Argentinians may use the customary kiss on the right cheek. Both men and women greet each other in this way. Kiss or shake hands again upon departure.
- Personal space is small. Argentinians stand close, so don't back away; they will think you are being shy and quickly close the gap again. Or, worse, they will think you are being unfriendly.
- While the national language is Spanish, the dominant dialect spoken is Castilian, which is heavily influenced by Italian.
- If you're stuck for conversation, talk about *futbol* or *tango*—the two national obsessions. Discussing politics is also popular, but avoid talking about Brazil, Argentina's archrival.
- Restaurants open very late, rarely earlier than 8 p.m., so resign yourself to not being able to get a meal much earlier than this. Most people arrive around 9 p.m.
- The most popular drink is *mate*, a sort of tea made by pouring hot water on the crushed leaves of the *yerba mate* (a kind of pumpkin). It is drunk *dulce* (with sugar) or *amargo* (without sugar) from a special wooden gourd-like receptacle with a metal spout.

ART•HEALS

breast health awareness project



FIRST FRIDAY art trail >>>

OCTOBER 1, 2010

6:30 - 9 p.m.

Graffiti Building

Louise Hopkins Underwood Center for the Arts • 502 Ave. J, Lubbock

sponsored by:

Texas Tech Physicians

of LUBBOCK



Country Close-up*

*every issue CIMA will select another country to feature

Republic of Ecuador

The republic of Ecuador is located in the northern portion of South America between Colombia and Peru. It is approximately the size of Colorado and has a population of over 13,750,000 people. A large majority of this population is mestizo, a mixed Indian and Spanish ethnicity. It's diverse terrain includes jungle area, a rich agricultural coastal plain, mountain valleys, and a group of volcanic islands in the Pacific Ocean. In recent years the urban population has increased significantly as Ecuadorians from the central highlands and coastal lowlands have migrated towards the cities. Spanish is the official language although many indigenous languages are popular as well, especially the Ecuadorian dialect of Quechua.



In the 16th century Spanish forces arrived in Ecuador defeating the Inca armies and establishing colonial rule. It wasn't until 1822 that Ecuador gained its independence from Spain. It was in that year Ecuador joined the Republic of *Gran Colombia*. It became a separate republic in 1830. For the most part, both the 19th and 20th centuries were a time of great political turmoil. The 21st century has also seen the rise and fall of many political leaders as

Ecuador's political parties tend to be factionalized. In July 2008 assembly members met to draft a new constitution, the 20th constitution since Ecuador's independence. A long history of border disputes with Peru was finally settled in 1998 while the ongoing conflict in Colombia is still an important border issue impacting Ecuador.

Ecuador's major exports are petroleum, bananas, shrimp, coffee, cut flowers, cacao, hemp, wood, and fish. It is the world's largest exporter of bananas and plantains. The dollar was adopted as the national currency in 2000, a decision which helped stabilize the nation's economy and foster economic growth. However economic growth has slowed with the decline of petroleum production.

According to World Health Organization statistics the life expectancy for Ecuadorians is 70 years for males and 76 for females. The infant mortality rate is 26 of every 1,000 live births. The top ten causes of death for all ages are Ischemic heart disease, cerebrovascular disease, diabetes, lower respiratory infections, hypertension, tuberculosis, perinatal conditions, violence, stomach cancer, and nephritis and nephrosis.

Around the World: in the news & on the web

- [Portugal Gives Itself a Clean-Energy Makeover](#)
Five years ago, the leaders of this sun-scorched, wind-swept nation made a bet: to reduce Portugal's dependence on imported fossil fuels.
- [Coming of Age in Ciudad Juarez](#)
A photo essay.
- [High Balinese Ritual, Low Holga Technology](#)
From The New York Times photography blog.
- [Mongolia's Nomads Face Changing Culture](#)
As more young Mongolians abandon the traditional nomadic lifestyle of their families, older generations worry the culture of Mongolian nomads could be threatened.
- [Teacher Combats a Colombian Youth Crisis with Dance](#)
Internationally known dancer Alvaro Restrepo returned to his native land to help slum-dwelling children discover their potential and change their lives.
- [South Africa Strike Sends Students Beyond the Classroom to Learn](#)
South Africa's strike by teachers has prompted students to fall behind in preparations for exams. They're turning to mobile phone programs to catch up.
- [The Real Berlin](#)
A magnet for creative people from all over the world, Berlin has put a troubled past behind it to emerge as one of Europe's most exciting cities.
- [Emily Oster Flips Our Thinking on AIDS in Africa](#)
Emily Oster, a University of Chicago economist, re-examines the stats on AIDS in Africa from an economic perspective and reaches a stunning conclusion: everything we know about the spread of HIV on the continent is wrong.
- [Mothers Helping Mothers Fight HIV](#)
In sub-Saharan Africa, HIV infections are more prevalent and doctors scarcer than anywhere else in the world.
- [Abu Dhabi Bankrolls U.S. Students as NYU Joins Sorbonne in Gulf](#)
When U.S. teenager Anthony Spalvieri-Kruse was considering which college to attend, he got an offer he couldn't refuse from 7,200 miles away in Abu Dhabi.
- [Students Without Borders](#)
Why more college kids are choosing to travel—alone—to far flung locales.
- [Number of Foreign Students in U.S. Hit a New High Last Year](#)
The number of foreign students attending American colleges hit an all-time high in 2008.

GHO Clerkship in Guatemala—Continued from page 1

Steven said the rotation started as an opportunity to travel outside the U.S. for the first time and learn about another culture, but the experience was much more than he ever imagined.

"After completing this rotation I have a new outlook on life," Steven said. "It allowed me to experience things that I would have otherwise not been able to experience. No one can take away the things I saw and learned on this trip and I highly recommend every student take advantage of an international health outreach project."

Drs. King and Horton said they received plenty of help in putting together the 2010 GHO clerkship. SOP Assistant Professor Dr. Jill Polk precepted the students in her clinic and Smile company, Sheman Dental Group, Karr Dentistry, Triumph Hospital and Northwest Texas Surgery Center all made donations to Hospitalito Atitlán.

"We also received a great deal of support and help from Summer Balcer (assistant dean for student services) and Janea Robinson (student services unit coordinator)," Dr. Horton said. "Without those two working with us the trip would not have been as

successful as it was."

Dr. King said she plans to return to the same area next year with a new group of P4s.

"Medical mission work has been a lifelong dream of mine and one of the main reasons I chose a career in a health care field," Dr. King said. "It is impossible for me to describe how rewarding it is to be able to share this passion with a colleague and pharmacy students."

Dr. Horton is also making plans for next year's clerkship and will continue to work to achieve the GHO mission.

"This rotation offers the students a rare opportunity not only to grow as pharmacists, but most importantly as people, as human beings," she stressed. "We can all learn something from everyone we encounter in life and it's important to go where things are different to see how other people in other places and cultures do things so we can take the best of what we see and encounter and bring that back and apply it to our patients and our lives at home."

This article originally appeared in *From the Dean's Desk*, the newsletter of the School of Pharmacy, June—July 2010.

When in... Argentina cont.

- Keep your knife and fork in your right and left hands, respectively, at all times; don't put down your knife to eat with your fork in the United States style. Keep your hands visible on top of the table, but don't put your elbows on the table.
- During meals Argentinians usually dilute their wine with soda water. Pour wine with your right hand; pouring with the left hand is considered uncouth.
- When changing currency or receiving change, check to make sure you are being given pesos. After the economic crisis of 2001, a local currency called *lecops* or *patacones* was issued with limited circulation, and few places will accept it. These notes are easy to distinguish from pesos because they have no picture on the back, only writing. Don't accept this currency from anyone.
- When visiting an Argentinean home, always arrive with a gift of flowers or candy and something for any children present.
- Restaurants often include a 10 percent service charge, but it is customary to add another 10 percent for good service.

taken from *Behave Yourself!* by Michael Powell



International Holidays and Celebrations

September

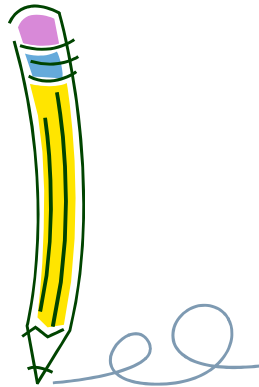
01—Constitution Day; Slovakia
 02—Independence Day; Vietnam
 03—Independence Day; Qatar
 06—Bonaire Flag Day; Bonaire
 08—International Literacy Day; International
 09—Rosh Hashanah; Jewish
 10—Eid al Fitr; Islamic
 11—Ganesh Chaturthi; Hindu
 14—San Jacinto Day; Nicaragua
 15—Independence Day; Costa Rica
 16—Fiesta Patrias; Mexico
 18—Yom Kippur; Jewish
 19—St. Januarius Day; Italy
 20—Keiro-no-Hi; Japan
 21—International Day of Peace; International
 22—Equinox; International
 23—National Day; Saudi Arabia
 24—Heritage Day; South Africa
 25—Kamarampaka Day; Rwanda
 26—The September Revolution; Yemen
 27—Maskal; Ethiopia
 28—Confucius's Birthday; China & Taiwan
 29—Michaelmas; International
 30—Maitresse Delai; Haiti

October

01—Mehregan; Iran
 02—Gandhi Jayanti; India
 03—Tangun Day; South Korea
 04—Independence Day; Lesotho
 06—Armed Forces Day; Egypt
 08—Independence Day; Croatia
 09—Independence Day; Uganda
 10—Cirio de Nazare; Brazil
 11—Thanksgiving; Canada
 12—Independence Day; Equatorial Guinea
 14—Santa Fortunata; Peru
 15—Rectification Day; Burkina Faso
 16—World Food Day; International
 18—Heroes' Day; Jamaica
 19—Samora Machel Day; Mozambique
 20—Birthday of the Bab; Baha'I
 21—St. Ursula Day; British Virgin Islands
 23—Proclamation of the Republic; Hungary
 24—United Nations Day; International
 25—Thanksgiving; Grenada
 26—Karva Chauth; Hindu
 27—Naming Day; Zaire
 28—Ochi Day; Greece
 29—Cumhuriyet Bayrami; Turkey
 30—Creole Day; Dominica
 31—Reformation Day; Germany

Language Lesson: *Pleased to meet you.*

Albanian	<i>Gezohem qe te takova</i>
Belarusian	<i>Pryiemna paznajomicca</i>
Catalan	<i>Encantat</i>
Danish	<i>Rart at møde dig</i>
Estonian	<i>Meeldiv tutvuda</i>
French	<i>Enchanté</i>
German	<i>Schön</i>
Hawaiian	<i>Hau'oli kēia hui 'ana o kāua</i>
Inupiaq	<i>Katigatchiarit</i>
Italian	<i>Piacere di conoscerti</i>
Lithuanian	<i>Malonu tave matyti</i>
Malay	<i>Selamat berkenalan</i>
Occitan	<i>Encantat!</i>
Portuguese	<i>Prazer</i>
Samoan	<i>Ua ou fiafia ua ta teiloai</i>
Sicilian	<i>Piaciri di canuscirvi</i>
Spanish	<i>Mucho gusto Encantado</i>
Tagalog	<i>Kinagagalak kong makilala ka</i>
Uzbek	<i>Tanishganimdan hursandman</i>
Xhosa	<i>Ndiyavuywa ukukwazi</i>
Zulu	<i>Ngiyjabula ukukwazi</i>



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