



Global Health Lecture Series

Reiki Therapy in Western Medicine

featuring

**Robert Payne, BBA, Reiki Master-Teacher &
Lesley Shelton, MA, Reiki Master-Teacher**

**Monday, October 31, 2016
Noon, ACB 110**

Join us for a brief study of Reiki as it was first introduced and as it is today. The presentation will answer the following questions: What is Reiki? Where did it come from? Who uses Reiki? Is there scientific evidence that supports the existence of life force energy? Are there case studies that support the use of Reiki in a medical setting? Are there medical institutions that use Reiki?

While attending Southern Methodist University, Robert became interested in the lifestyle and healing techniques of the Native American Indians of the Southwest. This interest led him eventually to the practice of Reiki. Robert is a certified Master - Teacher in both Usui Reiki and Sekhem-Seichim Reiki. He offers private Reiki sessions, as well as, participates in giving free Reiki sessions once a month. Robert's association with The Center for Reiki Research has enabled him to promote Reiki as a viable modality in Complementary and Alternative Medicine

Lesley Shelton has been practicing Reiki since 2011. She is a Master Certified Sekhem-Seichim-Reiki and Usui Reiki Practitioner and Teacher. Lesley offers Reiki sessions and classes part-time and facilitates a monthly Reiki group in Amarillo. She also works as a Senior Editor and Writing Coach for the College of Education at Texas Tech University in the Doctoral Support Center for Writing & Research Excellence. Prior to that she taught English as a Graduate Instructor and enjoyed a brief stint as a technical writer for the Pediatrics Department at TTUHSC. Her formal educational background includes a Master of Arts degree in English.

**This event is being co-sponsored by the Division of Integrative
Medicine as part of an Integrative Medicine Mini Series.**

This event is free & open to the public. Free lunch will be provided to the first 75 attendees. No RSVP is necessary.

**To reserve your lunch, please bring a package of construction paper to the Office of Global Health (2B410) by
Friday, October 28.**

For more information about the Global Health Lecture Series, contact the Office of Global Health at 806-743-2901 or