



# **Global Health Lecture Series**

**Does the country you live in influence the disparity between your chronological age and the age of your heart and arteries?**

featuring

**Duke Appiah, PhD MPH**

**Assistant Professor and MPH Program Director  
Department of Public Health, TTUHSC**

**Wednesday, September 19  
Noon, ACB 110**

The number of candles on your birthday cake may add up to your chronological age, but it doesn't necessarily equal your biological age which is assessed by the age of your heart and arteries. Knowing your vascular age can give you a clearer picture of your cardiovascular health. This presentation will highlight the use of mathematical equations and low-cost technology to quantify and communicate cardiovascular disease burden in high and low-income countries.

Dr. Duke Appiah is an epidemiologist with advanced training in epidemiologic methods focusing on statistical theory and analysis of longitudinal data and repeated-events failure times as well as risk prediction models. His primary research goals are broad and directed at understanding the etiology and prevention of chronic diseases, specifically cardiovascular disease with emphasis on women, reproductive health, and minority as well as underserved populations.

**Free lunch will be provided to the first 50 attendees.  
This event is free & open to the public. No RSVP is necessary.**

**For more information about the Global Health Lecture Series, contact the Office of Global Health at  
806-743-2901 or [globalhealth@ttuhsc.edu](mailto:globalhealth@ttuhsc.edu).**

**Persons needing assistance should contact the Office of Global Health for arrangements.**