

## Tonya Lambert

### How did your injury occur?

0:00

I was working in my restaurant, and I had a pot of boiling hot water that had pasta in it, and when I went to remove it, I tripped and fell in it, and so I burnt down the side of my arm, down my leg, into my buttocks, and then my leg, and then on top of my foot. Was the worst of the burns.

### What treatments did you try before this procedure?

0:29

I had to have a skin graft on the top of my foot. So they took skin from my thigh, and they did the skin graft and put it on my foot. And so that wasn't healing exactly like how we wanted to and so then we began to do the laser treatments.

### What made you want to try the laser treatment?

0:47

Because I still have so much pain in my foot and can't wear a shoe, and I need to be on my feet, and I need to be functional. And so Dr. Pang explained all the benefits of the laser treatment. And so I wanted to do that.

### What changes have you noticed since having the procedure?

1:04

Every procedure gets a little bit better, a little bit less pain, able to do a little bit more. So I feel like with each procedure, it is helping. It is doing exactly what Dr. Pang said it would do. And so I feel like that with a laser, it is helping me progress, because without it, I don't think that I would be able to be doing the things I'm doing.

### How do you feel about the outcome so far?

1:28

I feel really good about it. I mean, like I said, I've, I've had three treatments now we're here to talk about today to see if we can do another one. I do feel like they are helping. You know, you never know, but with each one, it has been very beneficial. And like you said, for my quality of life, it's helping with the appearance of my burn, with the pain level of my burn, just kind of all the things.

...continued

1:55

But I do feel like that it is. It has helped me get to where I need to be.

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Anything else to add?

2:01

I just really want everybody to understand how helpful and how how much that doing the laser has changed my life, like being able to heal better and feel better and get to where I want to be.