

Destiny Ugwa

How does this event tie in with SNMA's mission?

0:06

Well, this ties in with SNMA's mission because we are focused on serving the underserved communities, making sure that people know all of the opportunities that they have that are out there. So we have students who are underserved or underrepresented in medicine. So we're making sure that they can come here, and they can see everything that that's possibly out there.

Do you wish you would have had an event like this while in High School?

0:29

I definitely wish I had something like this in high school, of course, I always had a medical background with my family. My mom is a registered nurse. So I always had that sort of exposure. But you know, if I had something tangible to put my hands on and actually get that experience, I know that would have solidified it a little bit sooner for me in high school.

What do you hope the students take away from this experience?

0:48

Yeah, I hope that the students get the opportunity just to see that there's other stuff out there. Of course, people always hear that, you know, you can be a doctor, you can be a lawyer, but nobody ever really gets that sort of experience to get to do it. I don't want people to have to get to that point to know or wait until it's too late. So I think it's better just to have that exposure earlier on.

What would you tell students who want to go into medicine is the most important thing right now?

1:10

Most definitely focusing on your grades, making sure that you're getting your good grades, and you're focusing on what you're actually learning. So when it comes time to take the MCAT you're not having to, you know, work double time and have to get everything back in your head again. Definitely do extracurricular things, do sports, do volunteering, do anything that you can and just be involved in your community as well.

Why do you think it is important for these students to be able to interact with medical students who look like them?

1:33

Yeah, no, I think it's really important that the students get to see people like us and know that it's not a certain type of person that has to be involved in this sort of thing. It's open to anybody. And you know, the sky's the limit.

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Anything else you would like to add about today's event?

1:48

Yeah, I think this is really important because, you know, we were once them and then they're gonna be us one day. So I think this is really important for them to get to experience.